# Menus for April 2015



# LYNCHBURG CITY SCHOOLS HIGH SCHOOL MENU—BUFFET LINES

USDA is an equal opportunity provider and employer.



# Featured Specials of the Day

#### Wednesday, April 1

Hot Dog/ WG Bun Or Meatballs w/ cheese/ WG Bun Or Assorted Pizza; Home-style Baked Beans; Cole Slaw

#### **Thursday, April 2**

Chicken Tenders Or Spicy BBQ Rib/ WG Bun Or Boxed Fresh Chef Salad w/ Crackers Mashed Potatoes; Glazed Carrots Fresh Baked Wheat Roll

#### Friday, April 2

Favorite! Crisp Chicken Fillet/ WG Bun
Assorted Pizza Wedges
Or Turkey/ Cheese Sandwich w/ LTO
Crisp Potato Wedges;
Hot Vegetable of Choice
Free Friday Cookie!



## Featured Specials of the Day

#### Monday, April 13

Texas BBQ /WG Bun Or
Favorite! Crisp Chicken Fillet/WG Bun
Assorted Pizza;
Fresh Baked Potato w/ toppings

#### Tuesday, April 14

Chicken of Choice (popcorn, nuggets, tenders)
Or Manager's Choice Entrée
Or Boxed Fresh Chef Salad w/ Crackers
Mashed Potatoes;
Seasoned Green Beans;
Fresh Baked Wheat Roll

#### Wednesday, April 15

Favorite! Crisp Chicken Fillet/ WG Bun Assorted Pizza Wedges Or Manager's Choice Entrée; Crisp Potato Wedges; Hot Vegetable of Choice

#### Thursday, April 16

Salisbury Steak & Cheese/ WG Bun Or Honey BBQ Rib/ WG Bun Or Deli Meat & Cheese Sandwich w/ LTO Home-Style Baked Beans; Broccoli w/cheese

#### Friday, April 17

Favorite! Crisp Chicken Fillet/ WG Bun Or
Crisp Corn Dog / WG Bun or
Assorted Pizza Wedge
Mixed Vegetables
100% Fruit/Veggie Juice
Free Friday Cookie

## Featured Specials of the Day

#### Monday, April 20

Hot Dog/ WG Bun, w/wo Chili Or Meatballs w/cheese/ WG Bun Or Assorted Pizza; Home-Style Baked Beans; Cole Slaw

#### Tuesday, April 21

Chicken of Choice (popcorn, nuggets, tenders) Or Manager's Choice Entrée Or Boxed Fresh Chef Salad w/ Crackers Mashed Potatoes;
Seasoned Green Peas;
Fresh Baked Wheat Roll

#### Wednesday, April 22

Favorite! Crisp Chicken Fillet/ WG Bun Cheesy Pizza Sticks w/ Marinara Sauce Or Manager's Choice Entrée; Sweet Potato Puffs; Hot Vegetable of Choice

#### Thursday, April 23

Spaghetti w/ Meat Sauce Or Cheesy Pizza Sticks w/ marinara sauce Or Deli Meat & Cheese Sandwich w/ LTO Turnip Greens; Golden Corn Garlic Toast

#### Friday, April 24

Favorite! Crisp Chicken Fillet/ WG Bun Or Mini Corn Dogs Or Assorted Pizza Wedge Crisp Potato Wedges; Hot Veggie of Choice 100% Fruit/Veggie Juice Free Friday Cookie

## Featured Specials of the Day

#### Monday, April 27

Texas BBQ /WG Bun Or
Favorite! Crisp Chicken Fillet/WG Bun
Assorted Pizza;
Fresh Baked Potato w/ toppings

#### Tuesday, April 28

Chicken of Choice (popcorn, tenders), Or "Brunch for Lunch" Or Boxed Fresh Chef Salad w/ Crackers Crisp Potato Coins; Baked Apples Fresh Baked Wheat Roll

#### Wednesday, April 29

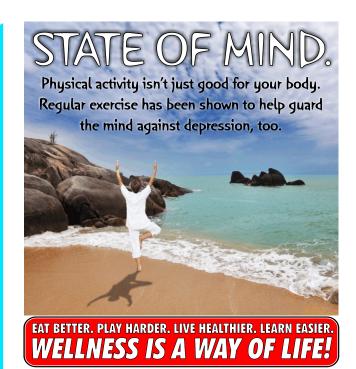
Favorite! Crisp Chicken Fillet/ WG Bun Assorted Pizza Wedges Or Manager's Choice Entrée; Golden Corn Hot Vegetable of Choice

#### **Thursday, April 30**

Salisbury Steak & Cheese/ WG Bun Or Honey BBQ Rib/ WG Bun Or Deli Meat & Cheese Sandwich w/ LTO Home-Style Baked Beans; Broccoli w/cheese

#### Friday, May 1

Favorite! Crisp Chicken Fillet/ WG Bun Or
Crisp Fish Nuggets or
Assorted Pizza Wedge
Crispy French Fries; Hot Veggie of Choice
100% "Cherry Star" Fruit/Veggie Juice
Free Friday Cookie



Choice of milk served with all complete meals: Skim milk & 1% white and flavored milk. Lactaid milk available to students who are lactose intolerant.

100% Fruit Juice plus 1/2 cup additional fruit is served with every Breakfast

"Offer vs. Serve" - Students may decline one item for breakfast and one or two items for lunch if they choose. Prices remain the same whether the full meal is chosen or an item is declined.

Please check with your cafeteria manager or the School Nutrition Office if your child has any dietary concerns.

MENUS ARE SUBJECT TO CHANGE



### Specialty Menus for April, 2015



LYNCHBURG CITY SCHOOLS HIGH SCHOOL MENU

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Check out the 2 New Menu Lines in your Cafeteria!

Every **Tuesday** & **Thursday** 

It's <u>Strib Day</u>with
Fresh Baked Sub Rolls,
Your Choice - Meat/Cheese
You Top it Your Way!

Wednesday
Specialty Pizzas
and Fresh Salads

<u>Friday</u> *International Foods* 



Mexican



**Italian** 



**Asian** 

# NEW MENU LINES

Beginning.....

# Tuesday, April 14—Sub Day Fresh Baked Sub Rolls:

Italian Oregano Honey Oat

#### **Meats & Cheeses:**

BBQ Meatballs Italian Turkey Combo Cheddar, Mozzarella

Wednesday, April 15
Specialty Pizzas

# Thursday, April 16—Sub Day Fresh Baked Sub Rolls:

Parmesan Golden Wheat

#### **Meats & Cheeses:**

Warm Philly Steak & Cheese Turkey, Ham & Cheese American, Cheddar, Mozzarella

#### Friday, April 17—Asian

Teriyaki Chicken w/ Brown rice Broccoli w/ Cheese Dragon Juice Free Friday Cookie