



This institution is an equal opportunity provider.  
Menus are subject to change.

**Available Daily!**

**ENTRÉE**

PIZZERIA STYLE PIZZA

**\*NEW\* DAILY SALAD SPECIAL**

**VEGETABLE**

Fresh Garden Salad Bar

**FRUIT**

Seasonal Fresh Whole Fruit

Selection of Cupped Fruit

**GARNISH**

*included with sandwich*

Lettuce, Sliced Tomato & Pickle

**FAT FREE or 1% MILK**

## Menus for April 4 thru 8 & April 18 thru 22

### Have it Your Way Station

Subs & Nachos with all the fixings

#### Monday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa  
**Offered With**  
Seasoned Potato Wedges  
Veggie and Fruit Bar

#### Tuesday

AMERICAN CLUB SUB  
TURKEY & SWISS SUB  
**Offered With**  
Crispy Tater Rounds  
Veggie and Fruit Bar

#### Wednesday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa  
**Offered With**  
Seasoned Potato Wedges  
Veggie and Fruit Bar

#### Thursday

FRESHLY MADE CHICKEN or TUNA SALAD  
SERVED ON FRESH BAKED ROLL  
**Offered With**  
Seasoned Curly Fries  
Veggie and Fruit Bar

#### Friday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa  
**Offered With**  
Crispy Tater Rounds  
Veggie and Fruit Bar

### Buffet Stations

Hot & Cold Entrees Made Fresh Daily

#### Monday

BREADED CHICKEN BREAST FILLET *on a Bun*  
PHILLY STYLE CHEESE STEAK SUB  
**Offered With**  
Seasoned Potato Wedges  
Seasoned Pinto Beans

#### Tuesday

BREADED PORK STEAK *on a Bun*  
BBQ CHICKEN FLATBREAD SANDWICH  
**Offered With**  
Creamy Mashed Potatoes w/Gravy & Green Beans  
Fresh Baby Carrots

#### Wednesday

POTATO CRUSTED FISH FILLET *on a Bun*  
ITALIAN MEATBALL & MOZZARELLA SUB  
**Offered With**  
Seasoned Potato Wedges  
Freshly Made Corn & Edamame Salad

#### Thursday

BACON CHEESEBURGER *on a Bun*  
MACARONI & CHEESE w/Garlic Bread Stick  
**Offered With**  
Seasoned Curly Fries  
Steamed Broccoli Florets

#### Friday

SPICY PORK BBQ RIBS *on a Bun*  
CHICKEN CORDON BLEU SANDWICH  
**Offered With**  
Crispy Tater Rounds  
California Vegetable Medley & Cole Slaw

Lunch includes Entrée, 2 sides of Vegetables, 2 sides of Fruit & Milk

## Menus for April 11 thru 15 & April 25 thru 29

### Have it Your Way Station

Subs & Nachos with all the fixings

#### Monday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa  
**Offered With**  
Seasoned Potato Wedges  
Veggie and Fruit Bar

#### Tuesday

AMERICAN CLUB SUB  
TURKEY & SWISS SUB  
**Offered With**  
Crispy Tater Rounds  
Veggie and Fruit Bar

#### Wednesday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa  
**Offered With**  
Seasoned Potato Wedges  
Veggie and Fruit Bar

#### Thursday

FRESHLY MADE CHICKEN or TUNA SALAD  
SERVED ON FRESH BAKED ROLL  
**Offered With**  
Seasoned Curly Fries  
Veggie and Fruit Bar

#### Friday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa  
**Offered With**  
Seasoned Curly Fries & California Vegetable Medley

### Buffet Stations

Hot & Cold Entrees Made Fresh Daily

#### Monday

BREADED CHICKEN BREAST FILLET on a Bun  
POTATO CRUSTED FISH FILLET on a Bun  
**Offered With**  
Seasoned Potato Wedges  
Southern Baked Beans & Freshly Made Cole Slaw

#### Tuesday

BRUNCH FOR LUNCH— EGGS, SAUSAGE & FRENCH TOAST  
HOT HAM & CHEESE BAGEL  
**Offered With**  
Crispy Tater Tots & Fresh Carrots w/Ranch Dip  
Cinnamon Baked Apples

#### Wednesday

SPICY PORK BBQ RIBS on a Bun  
ASIAN STYLE BREADED CHICKEN & RICE BOWL  
**Offered With**  
Seasoned Potato Wedges  
Steamed Broccoli Florets

#### Thursday

CLUX DELUX CHICKEN BREAST CHUNKS w/Freshly Baked Dinner Roll  
**\*New\*** FRENCH DIP SANDWICH w/Au Jus Gravy  
**Offered With**  
Creamy Mashed Potatoes w/Gravy  
Green Beans

#### Friday

TEXAS STYLE PORK BBQ on a Bun  
FAJITA CHICKEN & CHEESE FLATBREAD SANDWICH  
**Offered With**  
Seasoned Curly Fries  
Cuban Black Beans & Cole Slaw

Lunch includes Entrée, 2 sides of Vegetables, 2 sides of Fruit & Milk

# SPIN YOUR WHEELS.



Biking may be the only activity that combines exercise, fun, AND transportation! Just remember to always wear bright clothes, a helmet, and close-toed shoes – and follow the rules of the road!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

## Grab n Go Breakfast Buffet

Savory Breakfast Biscuits  
Satisfying Breakfast Pizza  
Pillsbury Mini Cinnis  
Moist Muffins & Fruit Yogurt  
Kellogg's Pop Tart & Yogurt  
Fantastie Flapstieks  
French Toast Sticks  
Fruit Smoothies w/Granola  
Breakfast Parfaits w/Granola  
Selection of Cold Cereals  
w/Graham Crackers

Breakfast includes choice of entrée, juice,  
1 serving of fruit and choice of milk