# Menus for December 2017

Lynchburg City Schools High School Lunch Menus

This institution is an equal opportunity provider.

## Weekly Grab n' Go Menu

#### **Monday**

CHEF SALAD W/CROUTONS & CRACKERS
ALL AMERICAN CLUB SUB W/L-T-P & FRESH FRUIT OR VEGGIES

# SMUCKER'S PBJ & CHEESE CUBES W/FRESH FRUIT, VEGGIES & SOFT PRETZEL BITES Tuesday

SOUTHWEST CHICKEN SALAD W/TORTILLA CHIPS
HAM & CHEESE SUB W/L-T-P & FRESH FRUIT OR VEGGIES
HUMMUS & CHEESE CUBES W/SWEET PEPPER STRIPS, CARROTS & TORTILLA CHIPS
SERVED WITH A CUP OF FRESHLY MADE SOUP

#### Wednesday

ASIAN CHICKEN SALAD W/PITA POINTS
ITALIAN DELI SUB W/L-T-P & FRESH FRUIT OR VEGGIES
FRUIT & YOGURT PARFAIT W/GRANOLA & FRESH FRUIT

#### **Thursday**

AMERICAN HARVEST SALAD W/GARLIC BREAD STICK
TURKEY & SWISS SUB W/L-T-P & FRESH FRUIT OR VEGGIES
HUMMUS & CHEESE CUBES W/SWEET PEPPER STRIPS, CUCUMBER & PITA POINTS
SERVED WITH A CUP OF FRESHLY MADE SOUP

#### **Friday**

BUFFALO CHICKEN SALAD W/SOFT PRETZEL BITES
MANAGER'S CHOICE DELI SANDWICH W/L-T-P & FRESH FRUIT OR VEGGIES
SMUCKER'S PBJ & GREEK YOGURT
W/FRESH FRUIT, VEGGIES & SOFT PRETZEL BITES

# **Available Daily**

PIZZERIA STYLE PIZZA

SPICY OR BREADED CHICKEN BREAST SANDWICH

FEATURED ENTRÉE SALAD

COLD DELI SANDWICH

INCLUDED WITH LUNCH

LUNCH ENTRÉE

2 SERVINGS OF FRUIT

2 SERVINGS OF VEGETABLES
8 OZ MILK

## Featured Specials of the Day

#### Friday, December 1

DILL CHICKEN CHUNKS W/BUTTERMILK BISCUIT
HOT CUBAN PORK SANDWICH
B-Y-O NACHOS OR TACO SALAD BOWL

#### Monday, December 4

DILLED CHICKEN BREAST FILLET ON KAISER ROLL

STEAK & CHEESE SUB

B-Y-O NACHOS OR TACO SALAD BOWL

#### Tuesday, December 5

SPAGHETTI & MEATBALLS W/GARLIC BREAD STICK
HOT HONEY SRIRACHA CHICKEN SUB

#### NEW—STREET TACO TUESDAY

#### **Wednesday, December 6**

SZECHWAN CHICKEN & RICE BOWL W/VEGETABLE EGG ROLL
HOT ITALIAN MEATBALL SUB
B-Y-O NACHOS OR TACO SALAD BOWL

#### Thursday, December 7

CHICKEN FAJITA ON SOFT TORTILLA & RICE
BACON CHEESEBURGER
B-Y-O BAKED OR FRIED POTATO BAR W/GARLIC BREAD STICKS

#### Friday, December 8

BUFFALO CHICKEN CHUNKS W/BUTTERMILK BISCUIT
PULLED PORK BBQ on a BUN
B-Y-Qanachos or Taco Salad Bowl

## Featured Specials of the Day

#### Monday, December 11

BUFFALO CHICKEN DRUMSTICK W/PARKERHOUSE ROLLS
STEAK & CHEESE SUB
B-Y-O NACHOS OR TACO SALAD BOWL

#### **Tuesday, December 12**

MACARONI & CHEESE W/BUTTERMILK BISCUIT HOT HONEY SRIRACHA CHICKEN SUB

#### NEW—STREET TACO TUESDAY

#### Wednesday, December 13

ASIAN CHICKEN & RICE BOWL W/VEGETABLE EGG ROLL
HOT ITALIAN MEATBALL SUB
B-Y-O NACHOS OR TACO SALAD BOWL

#### Thursday, December 14

FISH & SHRIMP PLATE W/CORN MUFFIN
BACON CHEESEBURGER
B-Y-O BAKED OR FRIED POTATO BAR W/GARLIC BREAD STICKS

## Friday, December 15 EARLY DISMISSAL

SPICY or BREADED CHICKEN BREAST SANDWICH
SAUSAGE, EGG & CHEESE MUFFIN
PIZZERIA STYLE PIZZA

