

FRESH FRUIT & VEGETABLE PROGRAM

September 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>Welcome</h1>				
3. <i>Students do not attend Holiday</i>	4.	5. Banana 	6.	7. Apple Slices 
10. Peaches 	11.	12. Cucumbers & Cherry Tomatoes 	13.	14. Bunches of Berries <i>Blackberries, Strawberries, Blueberries & Raspberries</i> 
17.	14.	19.	20.	21.
Healthy Virginians Week - FFVP Each Day!				
Orange Wedges 	Spinach Salad with Strawberries/dressing 	Steamed Red Potatoes 	Kiwi 	Sugar Snap Peas 
24. Celery & Carrots 	25.	26. Star Fruit 	27.	28. Plum 

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