



**MENUS FOR
JULY
AUGUST
2017**

**BASS ELEMENTARY
SCHOOL**

This institution is an equal
opportunity provider.

Monday, July 24

Lunch Entrées
(Choose 1)

Chicken Nuggets w/Corn Bread Muffin

100% Beef Patty on WG Bun
Prepared with or without American Cheese
Offered with Lettuce & Sliced Tomato

Lunch Sides
(All Included)

Crispy Tater Coins
Southern Style Baked Beans
Applesauce

Tuesday, July 25

Lunch Entrées
(Choose 1)

Pizza Dippers w/Pizza Dipping Sauce

Chili Hot Dog on WG Bun

Lunch Sides
(All Included)

Romaine Garden Salad
Golden Sweet Corn
Fresh Summer Strawberries

Wednesday, July 26

Lunch Entrées
(Choose 1)

Breakfast for Lunch
Ham, Egg & Cheese English Muffin

Lunch Sides
(All Included)

Seasoned Diced Potatoes
"Sunset Sip" V-blend Juice
Cinnamon Baked Apples

Thursday, July 27

Lunch Entrées
(Choose 1)

Spaghetti & Meatballs w/Breadstick
Breaded Chicken Patty on WG Bun

Lunch Sides
(All Included)

Freshly Made Broccoli Salad
Steamed Sweet Green Peas
Pineapple Tidbits

Friday, July 28

Lunch Entrées
(Choose 1)

Pizza Slice w/Selection of Toppings
Fun Fish Nuggets w/Corn Muffin

Lunch Sides
(All Included)

Crunchy Baby Carrots
Crinkle Cut Oven Fries
Juicy Watermelon



Available Daily at Lunch

Smuckers PB&J Uncrustable Combo Meal
Freshly Prepared Chef Salad
offered w/CROUTONS or Crackers
Choice of Milk

Lunch includes entrée, 2 servings of vegetables, 1 serving of fruit
and choice of milk

Monday, July 31

Lunch Entrées
(Choose 1)

Corn Dog Nuggets
Cheesy Beef Nachos
Served with Salsa & Sour Cream

Lunch Sides
(All Included)

Lima Beans
Golden Sweet Corn
Mandarin Orange Sections

Tuesday, August 1

Lunch Entrées
(Choose 1)

Shrimp Poppers w/Corn Bread Muffin
Honey BBQ Pork Rib Patty on Bun

Lunch Sides
(All Included)

Crunchy Baby Carrots
Steamed Broccoli
Cry Baby Sour Cherry
Frozen Fruit Cup

Wednesday, August 2

Lunch Entrées
(Choose 1)

Baked Chicken w/Bread Stick
Italian Deli Sub
Sandwiches offered with Lettuce & Sliced Tomato

Lunch Sides
(All Included)

Quick Baked Potato
Green Beans
Applesauce

Thursday, August 3

Lunch Entrées
(Choose 1)

100% Beef Patty on WG Bun
Prepared with or without American Cheese
Offered with Lettuce & Sliced Tomato

Creamy Macaroni & Cheese

Lunch Sides
(All Included)

Steamed Sweet Green Peas
Seasoned Pinto Beans
Sliced Peaches

Friday, August 4

Lunch Entrées
(Choose 1)

Pizza Slice w/Selection of Toppings
Turkey & Cheese Sub

Lunch Sides
(All Included)

Romaine Garden Salad
Seasoned Potato Wedges
Chilled Mixed Fruit

**Make the healthy,
economical choice!**

**All of our complete meals are always
NO CHARGE
for all students
with no need to submit an
application, thanks to the
Community Eligibility Program!**

Monday, August 7



**No
School
Today**

Tuesday, August 8

Lunch Entrées
(Choose 1)

Pizza Dippers w/Pizza Dipping Sauce

Chili Hot Dog on WG Bun

Lunch Sides
(All Included)

Romaine Garden Salad
Golden Sweet Corn
Fresh Summer Strawberries

Wednesday, August 9

Lunch Entrées
(Choose 1)

Breakfast for Lunch
Ham, Egg & Cheese English Muffin

Lunch Sides
(All Included)

Seasoned Diced Potatoes
"Sunset Sip" V-blend Juice
Cinnamon Baked Apples

Thursday, August 10

Lunch Entrées
(Choose 1)

Spaghetti & Meatballs w/Breadstick
Breaded Chicken Patty on WG Bun

Lunch Sides
(All Included)

Freshly Made Broccoli Salad
Steamed Sweet Green Peas
Pineapple Tidbits

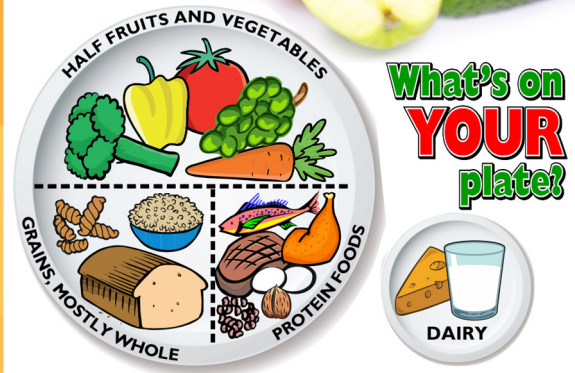
Friday, August 11

Lunch Entrées
(Choose 1)

Pizza Slice w/Selection of Toppings
Fun Fish Nuggets w/Corn Muffin

Lunch Sides
(All Included)

Crunchy Baby Carrots
Crinkle Cut Oven Fries
Juicy Watermelon



Make this the year you eat more fruits and veggies. And let us help!

Half your plate should be fruits and vegetables! They're low in calories and fat and high in fiber, flavor, color, and convenience. Plus, there are so many different varieties of fruits and veggies that you'll never get tired of them! They're nutritious, delicious, and fun to eat – with a meal or as a quick, natural snack. **And whenever you**

choose to join us for a meal at school, you can rest assured that fruits and vegetables will always be on the menu!



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, August 14

Lunch Entrées
(Choose 1)

Corn Dog Nuggets
Cheesy Beef Nachos
Served with Salsa & Sour Cream

Lunch Sides
(All Included)

Lima Beans
Golden Sweet Corn
Mandarin Orange Sections

Tuesday, August 15

Lunch Entrées
(Choose 1)

Shrimp Poppers w/Corn Bread Muffin
Honey BBQ Pork Rib Patty on Bun

Lunch Sides
(All Included)

Crunchy Baby Carrots
Steamed Broccoli
Cry Baby Sour Cherry Frozen Fruit Cup

Wednesday, August 16

Lunch Entrées
(Choose 1)

Baked Chicken w/Bread Stick
Italian Deli Sub
Sandwiches offered with Lettuce & Sliced Tomato

Lunch Sides
(All Included)

Quick Baked Potato
Green Beans
Applesauce

Thursday, August 17

Lunch Entrées
(Choose 1)

100% Beef Patty on WG Bun
Prepared with or without American Cheese
Offered with Lettuce & Sliced Tomato

Creamy Macaroni & Cheese

Lunch Sides
(All Included)

Steamed Sweet Green Peas
Seasoned Pinto Beans
Sliced Peaches

Friday, August 18

Lunch Entrées
(Choose 1)

Pizza Slice w/Selection of Toppings
Turkey & Cheese Sub

Lunch Sides
(All Included)

Romaine Garden Salad
Seasoned Potato Wedges
Chilled Mixed Fruit

Monday, August 21

Lunch Entrées
(Choose 1)

Chicken Nuggets w/Corn Bread Muffin
100% Beef Patty on WG Bun
Prepared with or without American Cheese
Offered with Lettuce & Sliced Tomato

Lunch Sides
(All Included)

Crispy Tater Coins
Steamed Broccoli
Applesauce

Tuesday, August 22

Lunch Entrées
(Choose 1)

Pizza Dippers w/Pizza Dipping Sauce
Chili Hot Dog on WG Bun

Lunch Sides
(All Included)

Romaine Garden Salad
Golden Sweet Corn
Fresh Summer Strawberries

Wednesday, August 23

Lunch Entrées
(Choose 1)

Breakfast for Lunch
Ham, Egg & Cheese English Muffin

Lunch Sides
(All Included)

Seasoned Diced Potatoes
"Sunset Sip" V-blend Juice
Cinnamon Baked Apples

Thursday, August 24

Lunch Entrées
(Choose 1)

Spaghetti & Meatballs w/Breadstick
Breaded Chicken Patty on WG Bun

Lunch Sides
(All Included)

Freshly Made Broccoli Salad
Steamed Sweet Green Peas
Pineapple Tidbits

Friday, August 25

Lunch Entrées
(Choose 1)

Pizza Slice w/Selection of Toppings
Fun Fish Nuggets w/Corn Muffin

Lunch Sides
(All Included)

Crunchy Baby Carrots
Crinkle Cut Oven Fries
Juicy Watermelon

Monday, August 28

Lunch Entrées
(Choose 1)

Corn Dog Nuggets
Cheesy Beef Nachos
Served with Salsa & Sour Cream

Lunch Sides
(All Included)

Lima Beans
Golden Sweet Corn
Fresh Sliced Apples

Tuesday, August 29

Lunch Entrées
(Choose 1)

Shrimp Poppers w/Corn Bread Muffin
Honey BBQ Pork Rib Patty on Bun

Lunch Sides
(All Included)

Crunchy Baby Carrots
Steamed Broccoli
Cry Baby Sour Cherry Frozen Fruit Cup

Wednesday, August 30

Lunch Entrées
(Choose 1)

Baked Chicken w/Bread Stick
Italian Deli Sub
Sandwiches offered with Lettuce & Sliced Tomato

Lunch Sides
(All Included)

Quick Baked Potato
Green Beans
Applesauce

Thursday, August 31

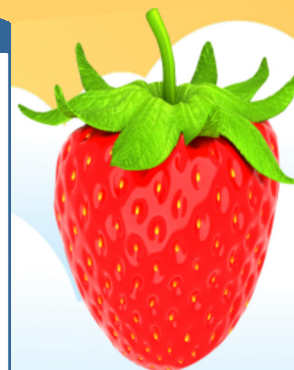
Lunch Entrées
(Choose 1)

100% Beef Patty on WG Bun
Prepared with or without American Cheese
Offered with Lettuce & Sliced Tomato

Creamy Macaroni & Cheese

Lunch Sides
(All Included)

Steamed Sweet Green Peas
Seasoned Pinto Beans
Sliced Peaches



We hope you enjoy the last sweet days of Summer BERRY much!