

**Lynchburg City Schools  
Hutcherson Early  
Learning Center**

# MENUS FOR MARCH 2016

*This institution is an equal  
opportunity provider  
and employer.*

**Tuesday, March 1**

**Lunch Entrées**

(Choose 1)

Asian Popcorn Chicken  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**

(All Included)

Steamed Green Peas  
Mashed Potatoes w/Gravy  
Chilled Applesauce

**Wednesday, March 2**

**Lunch Entrées**

(Choose 1)

Max Sticks w/Pizza Dipping Sauce  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**

(All Included)

Campbell's Tomato Soup  
Romaine Garden Salad  
Fresh Apple Slices

**Thursday, March 3**

**Lunch Entrées**

(Choose 1)

Turkey Taco w/Cheddar Cheese  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**

(All Included)

Steamed Broccoli Florets  
Seasoned Pinto Beans  
Applesauce

**Friday, March 4**

**EARLY DISMISSAL (12:15 PM)**

**Lunch Entrées**

(Choose 1)

Turkey & Cheese Wrap w/Pretzels  
or  
Yogurt & String Cheese  
w/Giant Goldfish Grahams

**Lunch Sides**

(All Included)

Fresh Baby Carrots  
Crunchy Cucumber Slices  
Amazin' Raisins or Applesauce

**Monday, March 7**

**Lunch Entrées**

(Choose 1)

Hot Dog on WG Bun  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**

(All Included)

Southern Style Baked Beans  
Creamy Cole Slaw  
Fresh & Juicy Sliced Oranges

**Tuesday, March 8**

**Lunch Entrées**

(Choose 1)

Breakfast for Lunch  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**

(All Included)

Crispy Tater Rounds  
V-Blend Juice  
Cinnamon Baked Apples

**Wednesday, March 9**

**Lunch Entrées**

(Choose 1)

Breaded Chicken Patty on WG Bun  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**

(All Included)

Golden Sweet Corn  
Shoe String Oven Fries  
Chilled Diced Peaches

**Thursday, March 10**

**Lunch Entrées**

(Choose 1)

Fun Fish Shapes  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**

(All Included)

Chicken Vegetable Soup  
Romaine Garden Salad  
Chilled Diced Pears

**Friday, March 11**

**Lunch Entrées**

(Choose 1)

Pizza Slice  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**

(All Included)

Steamed Broccoli  
Baby Carrots  
Fresh Apple Slices

## Breakfast Menus

**March 1-4 & March 14-18**

Monday: Cereal & Grahams  
Tues: Breakfast Chicken Slider  
Wednesday: Cereal & Grahams  
Thurs: Pillsbury WG Mini Cinnis  
Friday: Breakfast Quesadilla

**March 7-11 & March 21-25**

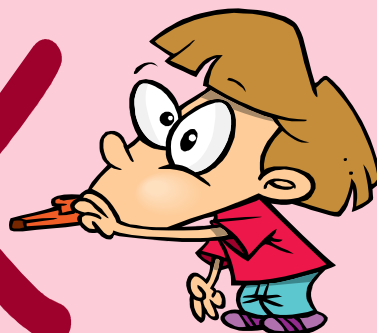
Monday: Kellogg's WG Pop Tart  
Tuesday: Cereal & Grahams  
Wed: Pillsbury WG Mini Pancakes  
Thursday: Cereal & Grahams  
Friday: WG Flap Stick

Breakfast includes:

Fruit Juice  
8 oz of Milk

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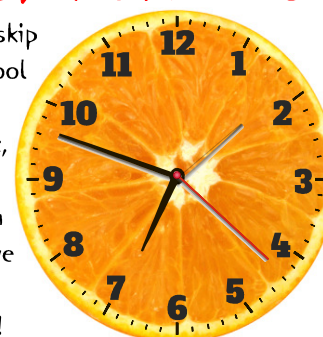
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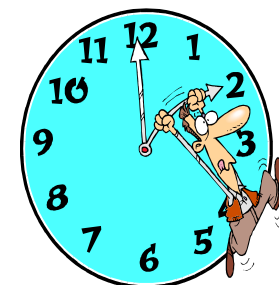
**SQUEEZED FOR TIME?**

Up to 30% of kids skip breakfast every school day. Even if your mornings are frantic, you'll feel better all day and do better in school, too, if you've had a balanced, nutritious breakfast!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
WELLNESS IS A WAY OF LIFE!**

**DON'T FORGET TO  
SPRING  
FORWARD  
ON MARCH 13!**



**Monday, March 14**

**Lunch Entrées**  
(Choose 1)  
Corn Dog Nuggets  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**  
(All Included)  
Succotash (Limas & Corn)  
Creamy Cole Slaw  
Chilled Mixed Fruit

**Tuesday, March 15**

**Lunch Entrées**  
(Choose 1)  
Honey BBQ Rib on WG Bun  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**  
(All Included)  
Steamed Green Peas  
Mashed Potatoes w/Gravy  
Mandarin Orange Sections

**Wednesday, March 16**

**Lunch Entrées**  
(Choose 1)  
Hot Italian Flatbread Sandwich  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**  
(All Included)  
Campbell's Tomato Soup  
Romaine Garden Salad  
Fresh Apple Slices

**Thursday, March 17**

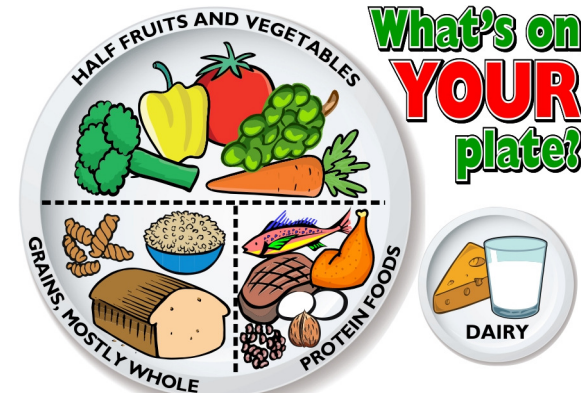
**Lunch Entrées**  
(Choose 1)  
Chicken Tenders  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**  
(All Included)  
Steamed Broccoli Florets  
Seasoned Pinto Beans  
Applesauce

**Friday, March 18**

**Lunch Entrées**  
(Choose 1)  
Pizza Slice  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**  
(All Included)  
Green Beans  
Savory Potato Wedges  
Chilled Pineapple Tidbits



## Boost your Burrito!

Burritos made at home or at a Mexican restaurant, should **ALWAYS INCLUDE BEANS!** These tasty little wonders are a nutritional powerhouse, brimming with fiber, protein, and nutrients. For good nutrition, skimp on the cheese and load up on the beans!



Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)

**Monday, March 21**

**Lunch Entrées**  
(Choose 1)  
Chicken Nuggets  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**  
(All Included)  
Southern Style Baked Beans  
Creamy Cole Slaw  
Fresh & Juicy Sliced Oranges

**Tuesday, March 22**

**Lunch Entrées**  
(Choose 1)  
Hot Ham & Cheese on WG Bagel  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**  
(All Included)  
Crispy Tater Rounds  
V-Blend Juice  
Cinnamon Baked Apples

**Wednesday, March 23**

**Lunch Entrées**  
(Choose 1)  
Cheesy Turkey Nachos  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**  
(All Included)  
Golden Sweet Corn  
Shoe String Oven Fries  
Chilled Diced Peaches

**Thursday, March 24**

**Lunch Entrées**  
(Choose 1)  
Toasted Cheese Sandwich  
or  
Jamwich PB&J Combo Meal

**Lunch Sides**  
(All Included)  
Chicken Vegetable Soup  
Romaine Garden Salad  
Chilled Diced Pears

**Friday, March 25**

**EARLY DISMISSAL (12:15 PM)**

**Lunch Entrées**  
(Choose 1)  
Turkey & Cheese Wrap w/Pretzels  
Yogurt & String Cheese  
w/Giant Goldfish Grahams

**Lunch Sides**  
(All Included)  
Fresh Baby Carrots  
Crunchy Cucumber Slices  
Amazin' Raisins or Applesauce

**NUTRITION TO GO**

Stew is any combination of food cooked slowly in simmering liquid. Stew was one of the first forms of cooked food – stew recipes are found in the oldest existing "cookbook." Stew smells amazing when it's slow-cooking, and eating a bowl of hot stew warms us up on a raw and blustery late winter or early spring day, too!

**A TASTY MORSEL FOR PARENTS**

# no Worries

last day of classes:  
**Friday, March 25**

classes resume:  
**Monday, April 4**

# SPRING BREAK

