

# **Available Daily**

PIZZERIA STYLE PIZZA SPICY OR BREADED CHICKEN BREAST SANDWICH GRILLED CHICKEN FILLET SANDWICH FEATURED ENTRÉE SALAD COLD DELI SANDWICH

> INCLUDED WITH LUNCH LUNCH ENTRéE 2 SERVINGS OF FRUIT 2 Servings of Vegetables 8 OZ MILK



Featured Specials of the Day

# Thursday, March 1

CHICKEN FAJITA ON SOFT TORTILLA & RICE **BACON CHEESEBURGER** 

B-Y-O BAKED OR FRIED POTATO BAR W/GARLIC BREAD STICKS

#### Friday, March 2

BUFFALO CHICKEN CHUNKS W/BUTTERMILK BISCUIT PULLED PORK BBQ ON A BUN B-Y-O NACHOS OR TACO SALAD BOWL

### Monday, March 5

BUFFALO CHICKEN DRUMSTICK W/PARKERHOUSE ROLLS DOUBLE MEATLOAF CHEESEBURGER ON KAISER ROLL B-Y-O NACHOS OR TACO SALAD BOWL

### Tuesday, March 6

MACARONI & CHEESE W/BUTTERMILK BISCUIT HOT HONEY SRIRACHA CHICKEN SUB

#### STREET TACO TUESDAY

#### Wednesday, March 7

ASIAN CHICKEN & RICE BOWL W/VEGETABLE EGG ROLL **HOT TURKEY. BACON & CHEESE SUB** B-Y-O NACHOS OR TACO SALAD BOWL

# **Thursday, March 8**

FISH & SHRIMP PLATE W/CORN MUFFIN **BACON CHEESEBURGER** B-Y-O BAKED OR FRIED POTATO BAR W/GARLIC BREAD STICKS

# Friday, March 9

DILL CHICKEN CHUNKS W/BUTTERMILK BISCUIT HOT CUBAN PORK SANDWICH B-Y-O NACHOS OR TACO SALAD BOWL



How's this for an ugly word to describe something good looking? "Pulchritudinous" means "beautiful" or "attractive", but be careful how you use it the object of your compliment might think you're insulting them!



#### **Monday**

CHEF SALAD W/CROUTONS & CRACKERS

ALL AMERICAN CLUB SUB W/L-T-P & FRESH FRUIT OR VEGGIES

SMUCKER'S PBI & CHEESE CUBES W/FRESH FRUIT, VEGGIES & SOFT PRETZEL BITES

### **Tuesday—Soup Day**

**ALL GRAB N' GO ENTREES** SERVED WITH A CUP OF FRESHLY MADE SOUP

SOUTHWEST CHICKEN SALAD W/TORTILLA CHIPS

HAM & CHEESE SUB W/L-T-P & FRESH FRUIT OR VEGGIES

**HUMMUS & CHEESE CUBES** W/SWEET PEPPER STRIPS, CARROTS & TORTILLA CHIPS

#### Wednesday

ASIAN CHICKEN SALAD W/PITA POINTS

ITALIAN DELI SUB W/L-T-P & FRESH FRUIT OR VEGGIES FRUIT & YOGURT PARFAIT W/GRANOLA & FRESH FRUIT

# Thursday—Soup Day

**ALL GRAB N' GO ENTREES** SERVED WITH A CUP OF FRESHLY MADE SOUP AMERICAN HARVEST SALAD W/GARLIC BREAD STICK

TURKEY & SWISS SUB W/L-T-P & FRESH FRUIT OR VEGGIES

**HUMMUS & CHEESE CUBES** W/SWEET PEPPER STRIPS, CUCUMBER & PITA POINTS

#### **Friday**

**BUFFALO CHICKEN SALAD W/SOFT PRETZEL BITES** 

MANAGER'S CHOICE DELI SANDWICH W/I-T-P & FRESH FRIIIT OR VEGGIES

SMUCKER'S PBI & GREEK YOGURT W/FRESH FRUIT, VEGGIES & SOFT PRETZEL BITES





















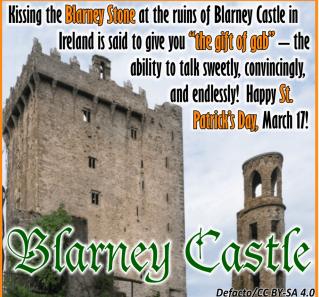












# EGG-CELLENT.

Ah, the humble, wonderful egg!

Just 75 or so calories, but
with seven grams of highquality protein, plus iron,
vitamins, minerals, and
other disease fighting
nutrients. Versatile for
cooking. Inexpensive.
Readily available.
Perhaps the perfect food for breakfast, or any time!

# EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!



# Tuesday, March 20

MACARONI & CHEESE W/BUTTERMILK BISCUIT HOT HONEY SRIRACHA CHICKEN SUB

#### STREET TACO TUESDAY

# Wednesday, March 21

ASIAN CHICKEN & RICE BOWL W/VEGETABLE EGG ROLL
HOT TURKEY, BACON & CHEESE SUB
B-Y-O NACHOS OR TACO SALAD BOWL

# Thursday, March 22

FISH & SHRIMP PLATE W/CORN MUFFIN
BACON CHEESEBURGER
B-Y-O BAKED OR FRIED POTATO BAR W/GARLIC BREAD STICKS

#### Friday, March 23

DILL CHICKEN CHUNKS W/BUTTERMILK BISCUIT
HOT CUBAN PORK SANDWICH
B-Y-O NACHOS OR TACO SALAD BOWL



