Menus for harch

Lynchburg City Schools Hutcherson ELC Menus

This institution is an equal opportunity provider. Menus are subject to change.



Ah, the humble, wonderful egg! Just 75 or so calories, but with seven grams of high-quality protein, plus iron, vitamins, minerals, and other disease fighting nutrients. Versatile for cooking. Inexpensive. Readily available. Perhaps the perfect food - for breakfast, or any time!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

Thursday, March I

Lunch Entrée

Spaghetti & Meatballs

Lunch Sides (All Included)

Steamed Broccoli

Sliced Peaches

1% or Fat Free White Milk

Friday, March 2

Lunch Entrée

Ham & Cheese Sandwich

Lunch Sides (All Included)

Crinkle Cut Oven Fries Diced Pears

1% or Fat Free White Milk

Monday, March 5

Lunch Entrée

Toasted Cheese Sandwich

Lunch Sides

(All Included)

Campbell's Tomato Soup Chilled Mixed Fruit

1% or Fat Free White Milk

Tuesday, March 6

Lunch Entrée

Corn Dog Nuggets

Lunch Sides

(All Included)

Fresh Veggie Cup w/Ranch Dip

Sliced Peaches

1% or Fat Free White Milk

Wednesday, March 7

Lunch Entrée

Honey BBQ Pork Rib Patty on Bun

Lunch Sides (All Included)

Steamed Green Peas

Blueberries w/Whipped Topping

1% or Fat Free White Milk

Thursday, March 8

Lunch Entrée

100% Beef Patty on WG Bun

Lunch Sides (All Included)

Steamed Broccoli

Juicy Apple Slices

1% or Fat Free White Milk

Friday, March 9

Lunch Entrée

Pizza Crunchers

Lunch Sides (All Included)

Romaine Garden Salad

Sliced Peaches

1% or Fat Free White Milk

Kids! Join us March 5-9 for





Turkey & Cheese Sandwich

School Lunch includes: Entrée Serving of Vegetable & Fruit 8 floz Fat Free or 1% Low Fat Milk















Monday, March 12 Tuesday, March 13 Friday, March 16 LALE FRUITS AND VEGET AND LEGET Wednesday, March 14 Thursday, March 15 **EARLY DISMISSAL** No School Today Lunch Entrée Lunch Entrée Lunch Entrée Lunch Entrée Cheeseburger Meatloaf on WG Bun Pizza Dippers w/Pizza Dipping Sauce Breakfast for Lunch Ham & Cheese Sandwich **Lunch Sides Lunch Sides Lunch Sides Lunch Sides** (All Included) (All Included) (All Included) (All Included) Seasoned Diced Potatoes **Snappy Celery Sticks** Green Beans **Crunchy Baby Carrots** I/2 Banana Chilled Mixed Fruit **Applesauce Cup Diced Pears** Q: How do you turn soup to gold? 1% or Fat Free White Milk **Professional Day** for Our Teachers Wednesday, March 21 Monday, March 19 Tuesday, March 20 Thursday, March 22 Friday, March 23 Lunch Entrée **Lunch Entrée Lunch Entrée Lunch Entrée** Lunch Entrée Toasted Cheese Sandwich **Chicken Nuggets** Creamy Macaroni & Cheese Honey BBO Pork Rib Patty on Bun Pizza Crunchers Lunch Sides (All Included) **Lunch Sides Lunch Sides Lunch Sides Lunch Sides** (All Included) (All Included) (All Included) (All Included) Steamed Broccoli Romaine Garden Salad Steamed Green Peas Fresh Veggie Cup w/Ranch Dip Campbell's Tomato Soup **Juicy Apple Slices** Blueberries w/Whipped Topping Sliced Peaches **Sliced Peaches** Chilled Mixed Fruit 1% or Fat Free White Milk http://kidshealth.org/kid/stay healthy/food/pyramid.h Wednesday, March 28 Thursday, March 29 Friday, March 30 Monday, March 26 Tuesday, March 27 Together, they add up to Lunch Entrée Lunch Entrée Lunch Entrée Lunch Entrée Lunch Entrée Cheeseburger Meatloaf on WG Bun Pizza Dippers w/Pizza Dipping Sauce Breakfast for Lunch Breaded Chicken Patty on WG Bun Ham & Cheese Sandwich Lunch Sides
(All Included) **Lunch Sides** Lunch Sides (All Included) **Lunch Sides Lunch Sides** (All Included) (All Included) (All Included) Steamed Broccoli Seasoned Diced Potatoes **Snappy Celery Sticks** Green Beans Crinkle Cut Oven Fries Last day of classes: Sliced Peaches 1/2 Banana **Chilled Mixed Fruit** Applesauce Cup **Diced Pears** Friday, March 30

1% or Fat Free White Milk

Classes resume:

Monday, April 9