



Menus for MAY & JUNE 2014

Lynchburg City
Schools
Secondary Menu

SCHOOL NUTRITION EMPLOYEE APPRECIATION WEEK MAY 5—9, 2014



Please remember to say a big **“Thank You”**
to your hard working School Nutrition staff
during this special Week!

Featured Specials of the Day

Monday, May 5

Crispy Corn Dog Or Assorted Pizza Or Hot Dog /WG Bun w/
Chili; Crisp Cole Slaw; Baked Beans

Tuesday, May 6

Oven Roasted Chicken w/ Roll Or Turkey & Cheese Sub w/
LTO or **Crispy Chicken Fillet/ WG Bun**
Mashed Sweet Potatoes; Seasoned Green Beans

Wednesday, May 7

Assorted Pizza Or Teriyaki Chicken w/ Brown Rice;
Dinner Roll; Fresh Frozen Green Peas

Thursday, May 8

Potato Bar w/all the Fixin's—Chili Beans', Broccoli,
Tostitos Baked Scoops Or **Spicy Chicken Fillet/ WG Bun**

Friday, May 9

Honey BBQ Rib/ WG Bun Or Assorted Pizza Or Manager's
Choice Entrée; Crisp Potato Wedges;

Free Friday Cookie



MENU FACTS:

Choice of milk served with all complete meals: Skim &
1% white for breakfast and white &
flavored milk for lunch.

100% Fruit Juice is served with every Breakfast. Cereal is
available every day.

“Offer vs. Serve” - Students may decline 1 item for break-
fast and 1 or 2 items for lunch if they choose. Prices
remain the same whether the full meal is chosen or an
item is declined.

Menus are subject to change without notice

Featured Specials of the Day

Monday, May 12

Local 100% Beef Cheeseburger/ WG Bun Or Assorted
Pizza Or Turkey & Cheese Sandwich w/ LTO
Oven Baked Crisp French Fries

Tuesday, May 13

Sliced Turkey in Gravy Or Chicken Strips w/ Orange
Sauce; Manager's Choice Entrée; Mashed Potatoes,
Fresh Fzn. Green Peas

Wednesday, May 14

Spaghetti w/ Meat Sauce & Garlic Toast Or Pizza Sticks w/
Marinara Or Manager's Choice Entrée ; Turnip Greens

Thursday, May 15

Taco Bar w/all the Fixins Or **Spicy Chicken Fillet/ WG Bun**
Fiesta Beans, Fresh Frozen Golden Corn

Friday, May 16

Crisp Pork Chop w/ WG Bun Or Assorted Pizza Or
Manager's Choice Entrée; Crisp Potato Wedge

Free Friday Cookie



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Transaction Fees!

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meal account information &
on-line payments.**

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Featured Specials of the Day

Thursday, May 1

Taco Bar w/all Fixin's; Fiesta Beans, Fresh Frozen
Corn Or Spicy Chicken Fillet / WG Bun

Friday, May 2

Crisp Pork Chop / WG Bun Or Cheesy Chicken Alfredo
Pasta Bake w/ Roll Or Assorted Pizza;
Crisp Potato Wedges;

Free Friday Cookie



**Fully Stocked
Salad Bar**

**And Assorted Fruits
Available Every Day!**

Featured Specials of the Day

Monday, May 19

Local 100% Beef Cheeseburger/ WG Bun Or Assorted
Pizza Or Turkey & Cheese Sandwich w/ LTO
Home Style Baked Beans;

Tuesday, May 20

Sliced Turkey w/ Gravy or **Crispy Chicken Fillet/ WG Bun** Or
Optional Manager's Choice Entrée
Creamy Mashed Potatoes; Seasoned Green Beans

Wednesday, May 21

Assorted Pizza Or Teriyaki Chicken w/ Brown Rice;
Dinner Roll; Fresh Frozen Green Peas

Thursday, May 22

Potato Bar w/all the Fixin's—Chili Beans', Broccoli,
Tostitos Baked Scoops Or **Spicy Chicken Fillet/ WG Bun**

Friday, May 23

Crispy Pork Chop/ WG Bun Or Warm Italian Combo Sub w/
Pepperonis; Crispy Potato Wedges

Free Friday Cookie

TGIF

Featured Specials of the Day

Monday, May 26

MEMORIAL DAY NO SCHOOL TODAY

Tuesday, May 27

Crispy Chicken Fillet/ WG Bun Or Grilled Chicken Alfredo
Pasta Or Optional Manager's Choice Entrée ;
Hot Vegetable of Choice

Wednesday, May 28

Pizza Sticks w/ Marinara Sauce Or **Fresh Made Chicken
Salad** w/ Bread; Optional Manager's Choice Entrée
Hot Vegetable of Choice

Thursday, May 29

Taco Bar w/all the Fixins Or **Spicy Chicken Fillet/ WG Bun**
Fiesta Beans, Fresh Frozen Golden Corn

Friday, May 30

Manager's Choice Entrée Selections;
Crispy Potato Wedges

Free Friday Cookie

TGIF

Featured Specials of the Day

Middle School Menu Calendar:

Monday, June 2

Crispy Pork Chop / WG Bun Or Assorted Pizza;
Home Style Baked Beans

Tuesday, June 3

Teriyaki Chicken Strips w/ Bakery Roll Or
Crispy Chicken Fillet/ WG Bun;
Creamy Mashed Potatoes; Hot Vegetable of Choice

Wednesday, June 4

Manager's Choice Entrée Selections
Hot Vegetable of Choice

Thursday, June 5

Manager's Choice Entrée Selections
Hot Vegetable of Choice

Friday, June 6— Early Dismissal

Sandwiches of Choice
Vegetable /Fruit of Choice

Featured Specials of the Day

High School Menu Calendar:

Monday, June 2—Full Day

Manager's Choice Entrée Selections
Hot Vegetables of Choice

Tuesday, June 3—Friday, June 6

1/2 Day—Early Dismissal

Grab & Go Lunches / Snacks Available Each
School Day During Exam Schedule

Happy
Summer

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*"Two roads diverged in a wood, and I –
I took the one less traveled by,
And that has made all the difference."*

– Robert Frost

Get outside.
Keep your
eyes open.
And enjoy!

We look forward
to serving you
again next year!

