

Menus for **MAY & JUNE** 2015



Lynchburg City Schools  
Middle School Menu

*USDA is an equal opportunity provider and employer.*

**Available Daily!**

**Fully Stocked Salad Bar  
And Assorted Fruits**

**Choice of Milk with every Meal  
1% & Skim White & Fat Free Flavored**

**WG=whole grain / LTO=lettuce, tomato, onion**

**Menu Subject to Change**

**Featured Specials of the Day**

**Monday, May 11**  
Texas BBQ / WG Bun Or  
Ham & Cheese/ WG Bun Or  
Manager's Choice Entrée;  
Baked Beans; Potato Wedges

**Tuesday, May 12**  
Choice of Chicken w/ Dinner Roll  
(Popcorn, Nuggets, or Tenders) Or  
Deli Sandwich/ WG Bun Or  
Boxed Fresh Chef Salad;  
Mashed Potatoes;  
Seasoned Green Beans  
Dinner Roll

**Wednesday, May 13**  
Assorted Pizza Or  
Crisp Pork Chop/ WG Bun;  
Broccoli w/ cheese;  
Black -eyed Peas

**Thursday, May 14**  
Spaghetti w/ Meat Sauce Or  
Manager's Choice Entrée Or  
Boxed Fresh Chef Salad;  
Hot Vegetable of Choice

**Friday, May 15**  
Cheesy Pizza Sticks w/ sauce Or  
Deli Sandwich/ WG Bun Or  
Golden Corn;  
**Free Friday Cookie**

**Featured Specials of the Day**

**Monday, May 18**  
Spicy BBQ Rib/ WG Bun Or  
**NEW!** Philly Steak w/ cheese;  
Baked Beans; Potato Wedges

**Tuesday, May 19**  
Choice of Chicken w/ Dinner Roll  
(Popcorn, Nuggets, or Tenders) Or  
Deli Sandwich/ WG Bun Or  
Boxed Fresh Chef Salad;  
Mashed Potatoes;  
Broccoli w/ cheese

**Wednesday, May 20**  
Assorted Pizza / Pizza Sticks  
Or Crispy Chicken Fillet/ WG Bun;  
Hot Vegetable of Choice

**Thursday, May 21**  
Fresh Made Chicken Salad/  
WG Croissant Or  
Beef Rib w/ BBQ Sauce/ WG Bun  
Or Boxed Fresh Chef Salad;  
Creamy Sweet Potatoes;  
Seasoned Green Beans (or Broccoli)

**Friday, May 22**  
Beef Taco/ WG Soft Shell Or  
Ham & Cheese Roll-up Or  
Assorted Pizza; Golden Corn;  
**Free Friday Cookie**

**Featured Specials of the Day**

**Monday, May 25**

**MEMORIAL DAY NO SCHOOL TODAY**

**Tuesday, May 26**

Texas BBQ/ WG Bun Or  
Crisp Chicken Fillet/ WG Bun Or  
Boxed Fresh Chef Salad;  
Potato Wedges; Crisp Cole Slaw

**Wednesday, May 27**

Assorted Pizza Or  
Manager's Choice Hot Entrée Or  
Cold Deli Sandwich;  
Cheesy Pintos

**Thursday, May 28**

Crisp Chicken Fillet/ WG Bun Or  
Boxed Fresh Chef Salad;  
Hot Vegetable of Choice

**Friday, May 29**

Beef Chili w/ Beans &  
Baked "Tostitos" Or  
Manager's Choice Entrée;  
Golden Corn  
**Free Friday Cookie**

**Featured Specials of the Day**

**Monday, June 1**

Crisp Pork Chop/ WG Bun Or  
Manager's choice Entree  
Home-Style Baked Beans

**Tuesday, June 2**

Teriyaki Chicken Strips w/  
Dinner Roll Or  
Cold Deli Sandwich;  
Creamy Mashed Potatoes;  
Seasoned Green Beans

**Wednesday, June 3**

Manager's Choice Hot Entrée  
Hot Vegetable of Choice

**Thursday, June 4**

Manager's Choice Hot Entrée  
Hot Vegetable of Choice

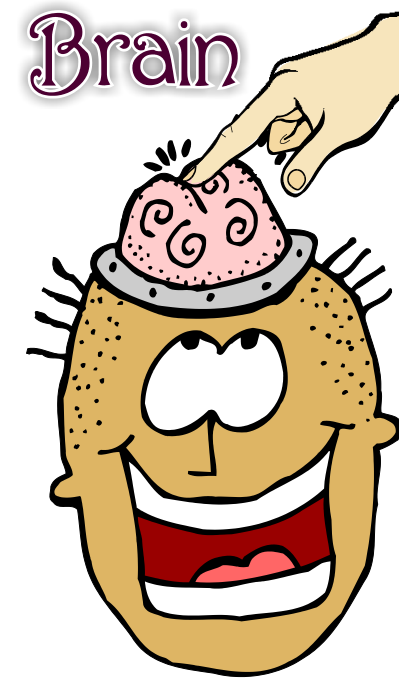
**LAST DAY OF SCHOOL!**

**Friday, June 5**

Grab & Go Lunch  
Deli Sandwich  
Fresh Veggies/ or Juice  
Fruit of Choice



**Brain Ticklers**



What do cats  
have that no  
other animal  
has?

(Hold the page upside  
down and read it in a  
mirror for the answer!)

kittens

**ENJOY YOUR SUMMER!**



**Thanks For Your Business This Year!**