



Women's Preventive Care Services Required Health Plan Coverage Guidelines

On August 1, 2011, the Department of Health and Human Services (HHS) adopted additional Guidelines for Women's Preventive Services. Non-grandfathered health plans and issuers are required by these new guidelines to provide coverage without cost sharing for plans that begin on or after August 1, 2012.

The following chart shows the Required ACA Health Plan Coverage Guidelines for Women's Preventive Services supported by Piedmont Community Health Plan with zero cost sharing for new or renewing non-grandfathered health plans effective on or after August 1, 2012. Please note that Piedmont currently covers some of the required services with no cost sharing already. Also, Piedmont's standard medical management, network, and formulary restrictions apply.

TYPE OF PREVENTIVE SERVICE	REQUIRED COVERAGE GUIDELINE	FREQUENCY
Well-Woman Visits	Well-woman preventive care visit annually for adult women to obtain the recommended preventive services that are age and developmentally appropriate, including preconception and prenatal care covered at 100% as a preventive care service.	Annual, although HHS recognizes that several visits may be needed to obtain all necessary recommended preventive services, depending on a woman's health status, health needs, and other risk factors.
Screening for Gestational Diabetes	Screening for gestational diabetes covered at 100% as a preventive care service.	In pregnant women between 24 and 28 weeks of gestation and at the first prenatal visit for pregnant women identified to be at high risk for diabetes.
Human Papillomavirus (HPV) Testing	High-risk human papillomavirus DNA testing in women with normal cytology results covered at 100% as a preventive care service.	Screening should begin at 30 years of age and should occur no more frequently than every 3 years.
Counseling for Sexually Transmitted Infections (STI)	Counseling on sexually transmitted infections for all sexually active women covered at 100% as a preventive care service.	Annual.
Counseling and Screening for Human Immune-Deficiency Virus (HIV)	Counseling and screening for human immune-deficiency virus infection for all sexually active women covered at 100% as a preventive care service.	Annual.
Contraceptive Methods and Counseling* (Females only)	All Food and Drug Administration approved contraceptive methods, sterilization procedures, and patient education and counseling for all women with reproductive capacity covered at 100% as a preventive care service.**	As prescribed, guidelines subject to Piedmont's standard medical management, network, and formulary restrictions.

TYPE OF PREVENTIVE SERVICE	REQUIRED COVERAGE GUIDELINE	FREQUENCY
Breastfeeding Support, Supplies, and Counseling	Comprehensive lactation support and counseling, by a trained provider during pregnancy and/or in the postpartum period, and costs for renting breastfeeding equipment covered at 100% as a preventive care service.	In conjunction with each birth, subject to Piedmont's standard medical management and network restrictions.***
Screening and Counseling for Interpersonal and Domestic Violence	Screening and counseling for interpersonal and domestic violence covered at 100% as a preventive care service.	Annual.

Information taken from the U.S. Department of Health and Human Services, Health Resources and Services Administration publication "Women's Preventive Services: Required Health Plan Coverage Guidelines".

** Group health plans sponsored by certain religious employers, and group health insurance coverage in connection with such plans, are exempt from the requirement to cover contraceptive services. A religious employer is one that: (1) has the inculcation of religious values as its purpose; (2) primarily employs persons who share its religious tenets; (3) primarily serves persons who share its religious tenets; and (4) is a non-profit organization under Internal Revenue Code section 6033(a)(1) and section 6033(a)(3)(A)(i) or (iii). 45 C.F.R. §147.130(a)(1)(iv)(B). See the Federal Register Notice: Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services Under the Patient Protection and Affordable Care Act. Religious employers and nonexempt religion-affiliated organizations should contact Piedmont concerning this issue.*

*** Piedmont will cover pharmacy prescription generic oral contraceptives and those brands which do not have generic equivalents at 100% as a preventive care service through our network retail pharmacies or mail order. Brand contraceptives with a generic equivalent will be covered subject to the appropriate plan prescription drug copay. Over-the-counter contraceptives are not covered. Medical/surgical type contraceptives/sterilizations (office/facility based medical and surgical) will be covered at 100% as a preventive care service. Piedmont's standard medical management, network, and formulary restrictions apply.*

**** Breastfeeding equipment will be covered through Piedmont's Durable Medical Equipment (DME) network as a medical benefit; one breast pump is covered each pregnancy with rental for the first six months followed by covered purchase option.*