

INSTRUCTION

An effective program of physical and health education shall be organized and maintained in every school in accordance with guidelines and regulations of the State Board of Education.

Legal Reference:

Code of Va., § 22.1-207. Physical and health education.--"Physical and health education shall be emphasized throughout the public school curriculum by lessons, drills and physical exercises, and all pupils in the public elementary, middle and high schools shall receive as part of the educational program such health instruction and physical training as shall be prescribed by the Board of Education and approved by the State Board of Health." (1991)

Virginia Board of Education Regulations, "governing Health Education." "Elementary and secondary schools shall present a comprehensive health education program which focuses on instruction related to alcohol and drug abuse, smoking and health, personal growth and personal health, nutrition, prevention and control of disease, physical fitness, accident prevention, personal and family survival, environmental health, mental health and consumer education. These shall be developed in accordance with procedures outlined in the Curriculum Guide for Health Education." (January 1991)

Adopted by School Board: June 19, 1973