

**INSURANCE INFORMATION**  
**Parent Please Complete**

**For the 2019-20 school year, all LCS secondary student-athletes who compete on an LCS athletic team and are listed on the school's eligibility form (the VHSL Master Eligibility Form for the high schools) are covered by a blanket policy which LCS has purchased. This policy is through Hartford Life and Accident Insurance Company. The policy number is 14-SR-152329. However, we also need to know if you have any other type of medical insurance coverage on your son or daughter. Please complete the information below as it applies to health insurance coverage for your student-athlete.**

Please check the appropriate box. If you checked box number 2, then complete all requested information.

- 1. Other than the blanket policy which LCS is providing, my son/daughter is not covered by any other form of health insurance.
- 2. Private Insurance  
Name of Company \_\_\_\_\_  
Policy number \_\_\_\_\_  
Phone number of Insurance Co. \_\_\_\_\_  
*(The phone number of insurance company must be supplied so that health provider can verify insurance coverage.)*

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**EMERGENCY AND MEDICAL INFORMATION**

Student's Name \_\_\_\_\_ Grade \_\_\_\_\_  
Parent/Guardian \_\_\_\_\_  
Address \_\_\_\_\_  
Phone (H) \_\_\_\_\_ (Work-Mother) \_\_\_\_\_ (Work-Father) \_\_\_\_\_  
(Other) \_\_\_\_\_

Two persons we can call in the event you cannot be reached:  
1. \_\_\_\_\_ Phone: \_\_\_\_\_  
2. \_\_\_\_\_ Phone: \_\_\_\_\_

Major Illness? _____	Medication? _____
Allergies? _____	Previous head or neck injury? _____
Prior head-related problems? _____	Wears contact lenses while playing? _____
Braces or retainers? _____	Last Tetanus shot? _____
Are pupils unequal in size _____	If unequal, which is larger? ____L ____R
Preference of Physicians: 1. _____ Phone _____	
2. _____ Phone _____	

If neither physician is available, do we have your permission to take your child to a hospital or available physician? \_\_\_\_  
I hereby give my permission to the team physician(s) to provide medical services to my child.

Parent/Guardian Signature \_\_\_\_\_  
*(Required)*

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**(School Use Only)**

Date of valid physical \_\_\_\_\_

Comments \_\_\_\_\_

## MIDDLE SCHOOL ELIGIBILITY REQUIREMENTS AND CODE OF CONDUCT FOR ATHLETES OF LYNCHBURG CITY SCHOOLS

The athletic programs at our three middle schools are designed to help in the development of well-rounded citizens who can take their places in a community and democratic society. The programs are intended to develop athletic talent, the value of teamwork, leadership skills, a sense of accountability and responsibility, and sportsmanship attitudes.

### ELIGIBILITY REQUIREMENTS

1. **Student in Good Standing:** In order to participate on an interscholastic team, the athlete must be a full-time student in good standing at the school he/she represents. An athlete is considered a full-time student in good standing if he/she
  - a. has a record of good personal conduct as determined by the school staff;
  - b. must not have reached the age of 15 years prior to August 1<sup>st</sup> of the school year;
  - c. is enrolled in grades 6-8;
  - d. is not in violation of Lynchburg City Schools attendance policy.
2. **Academic Eligibility:** Athletes must pass 5 subjects the preceding semester. All 6<sup>th</sup> grade students are automatically eligible their first semester of 6<sup>th</sup> grade. Schools may include tutoring and study hall requirements for student-athletes.
3. **Up-to-Date Physical:** In order to be eligible to try out for or to participate in any school-sponsored interscholastic athletic program, the athlete must submit the Virginia High School League's Athletic Participation/Parental Consent/Physical Examination Form. The physical exam must be conducted after May 1 for participation in athletics for the subsequent school year and must be completed before the athlete will be allowed to participate in any manner.
4. **Attendance Zone:** Any questions about residency must be referred to the school's athletic director.
5. **Nonresidents:** Nonresident students whose parents/guardians are full-time contracted staff members of the Lynchburg City Schools may be accepted for enrollment tuition free in the Lynchburg City Schools upon authorization by the superintendent or his/her designee (Lynchburg City Schools Policy JEC-R). These students are eligible to play for the middle school in which they enroll.
6. **Obligations:** No student will be allowed to try out for a team until outstanding obligations/delinquent debts are met and required athletic forms are completed (code of conduct and medical examination/physical).
7. **Falsifying Information:** If a student or his parent(s) or guardian gives false information, written or verbal, that affects his eligibility the student shall become ineligible. This policy includes the falsifying of any information on physical examination forms.

### CODE OF CONDUCT

8. **Privilege, Not a Right:** Participation on an interscholastic team is a privilege, not a right. Therefore, this privilege can be taken away by the team's coach for improper conduct of an athlete at school or in the community. Any appeal of a decision by a coach to remove an athlete from a team may be made through the athletic director's office. In order to participate, athletes must obey all written rules and policies of the team and Lynchburg City Schools, and they must not violate any local ordinances, or state or federal laws, at school or away from school.
9. **Tobacco:** An athlete who is observed by a school official smoking, dipping, and/or chewing tobacco products will be ineligible to compete in interscholastic competition for one week. A second offense will result in dismissal from the team for the remainder of the athletic season.
10. **Theft:** On the athlete's first offense, an athlete who steals while on school grounds or at a school event will be dismissed from the team for the remainder of the athletic season and subject to further disciplinary action.
11. **Sale and/or Distribution of Drugs (including alcohol):** On the first offense, an athlete who is found to be selling or distributing drugs/alcohol, on school grounds or at a school event during the athletic season, will be suspended from athletic participation of any kind until officially reinstated in school and academically eligible for athletic participation.
12. **Use/Possession of Drugs (including alcohol):** An athlete who is found to be either using or in possession of drugs/alcohol on or off school grounds will be suspended from athletic competition for the rest of the school year.
13. **Social Media:** An athlete whose image is recorded on social media while using or possessing drugs/alcohol, engaging in gang activity, or engaging in any illegal or criminal act will be suspended from participation on any athletic team for the remainder of the school year.
14. **Hazing:** Hazing means to recklessly or intentionally endanger the health or safety of a student or students or to inflict bodily harm on a student or students in connection with or for the purpose of initiation, admission into or affiliation with or as a condition for continued membership on a team regardless of whether the student or students so endangered or injured participated voluntarily in the relevant activity. If an athlete engages in hazing that inflicts bodily injury, then the principal must report the incident to the Commonwealth Attorney. An athlete who initiates hazing or requires students to participate in such rituals will be subject to suspension from the team. Additionally, any athlete who knowingly and unreasonably fails to report hazing activity will be held responsible as well and will be subject to suspension from the team.

15. **Sportsmanship:** Learning to behave appropriately is important in all settings, including athletic contests. The terms of punishment for unsportsmanlike behavior will be determined by the coach, athletic director, and school administration. The following game suspensions are minimal guidelines. The coach, athletic director, and school administration may decide that the circumstances require additional action be taken. Any incident will be reviewed by the coach, athletic director, and the school administration prior to final action taken by the administration. Action could range from no additional restrictions to suspension for the rest of the season.
  - a. An athlete ejected from a contest by an official will not participate in the next contest.
  - b. Engaging in fighting (including throwing punches as an instigator, in retaliation, or intentionally kicking or stomping an opponent), biting or aggressive physical contact shall result in an athlete being ineligible for at least the team's next three scheduled contests.
  - c. Profanity directed at a game official will result in at least a two-game suspension.
  - d. Athletes who leave the bench area and become actively involved in an altercation will receive at least a two-game suspension.
  - e. Athletes who are assessed two technical fouls are considered to have committed a sportsmanship violation and must sit out at least the next contest.
  
16. **School Suspension:** A suspension from school (not including overnight conferences) will result in the suspended athlete being declared ineligible for practice or participation in athletics or in any school function for the duration of the suspension. The suspended athlete will be required to meet with the principal, athletic director, and coach or sponsor of that team or activity to show just cause as to why the he/she should be allowed to continue competition in that sport or activity. If sufficient cause is not presented, the athlete will be declared ineligible for the remainder of that season or activity.
  
17. **In-school Detention:** The eligibility of an athlete assigned in-school detention shall be determined by the school administration.

My signature verifies that the Eligibility Requirements and Code of Conduct for Lynchburg City Schools' student athletes, including any additional team rules for the sports listed below, have been explained to me by a coach of the team. I understand and accept the Eligibility Requirements and the Code of Conduct for Athletes of Lynchburg City Schools as prerequisites to being allowed to participate on an athletic squad. If I am unclear about any policies, it is my responsibility to contact my coach or athletic director.

SPORT	PARENT SIGNATURE	DATE	STUDENT SIGNATURE
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____