



Lynchburg City  
Schools  
Hutcherson ELC  
Menus

This institution is an equal opportunity provider. Menus are subject to change.



Since April 1 falls on a weekend this year, Congress passed a law declaring that "all pranks, practical jokes, tricks, and

other April Fool's mischief shall, by law, be perpetrated on Monday, April 3 instead." Please plan accordingly. (And, oh yeah, April Fool's.)

Available Daily for Lunch

Ham & Cheese Sandwich  
Or  
Turkey & Cheese Sandwich  
Sandwiches made with  
Pepperidge Farm  
Goldfish Bread

## Weekly Breakfast Menus

April 3-7 & 24-28

Monday: Breakfast Chicken Slider  
Tuesday: Cereal & String Cheese  
Wed: Kellogg's WG Mini Pancakes  
Thursday: Cereal & Elf Grahams  
Fri: Yogurt & Goldfish Grahams

April 17-21

Monday: Cereal & String Cheese  
Tuesday: WG Muffin & Yogurt  
Wed: Pillsbury WG Mini Cinnis  
Thursday: Pancake & Sausage Bites  
Friday: Cereal & Elf Grahams

Breakfast includes:  
Fruit Juice & Milk

Monday, April 3

### Lunch Entrée

Toasted Cheese Sandwich

### Lunch Sides

(All Included)

Campbell's Tomato Soup  
Applesauce

1% or Fat Free White Milk

Tuesday, April 4

### Lunch Entrée

Pizza Dippers w/Marinara Sauce

### Lunch Sides

(All Included)

Romaine Garden Salad  
Diced Strawberries

1% or Fat Free White Milk

Wednesday, April 5

### Lunch Entrée

Breakfast for Lunch

### Lunch Sides

(All Included)

Seasoned Diced Potatoes  
1/2 Fresh Banana

1% or Fat Free White Milk

Thursday, April 6

### Lunch Entrée

Spaghetti & Meatballs

### Lunch Sides

(All Included)

Fresh Broccoli Salad  
Diced Peaches

1% or Fat Free White Milk

Friday, April 7

### Lunch Entrée

Pizza Slice

### Lunch Sides

(All Included)

Crunchy Baby Carrots  
Applesauce

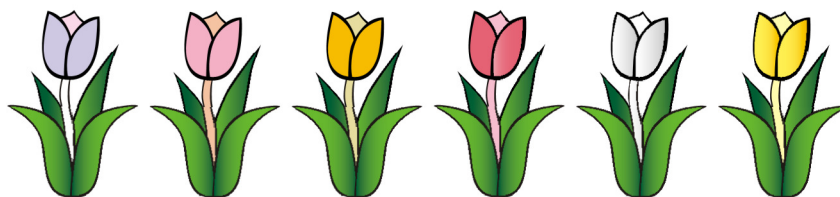
1% or Fat Free White Milk

## STAIRWAY TO HEALTH.



Wellness is determined by dozens of small choices we all make every day. For example, take the stairs – no, really, TAKE THE STAIRS! It's estimated that stair-climbing for just 2 minutes a day (6-8 flights) will burn enough calories to prevent annual weight gain for the average American.

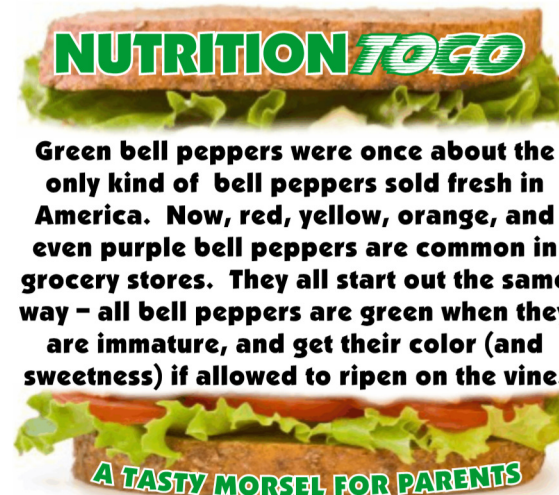
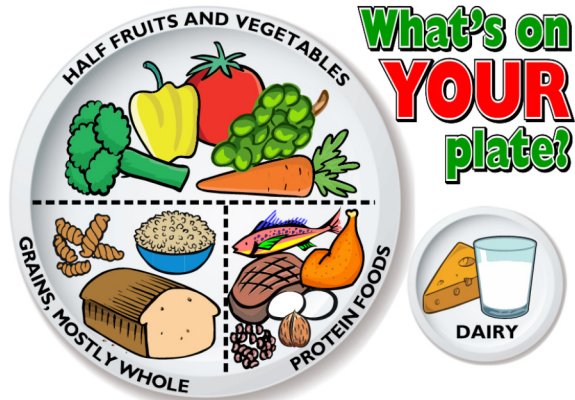
## SPRING BREAK



Break begins at the end of classes:  
**Friday, April 7**

Classes resume:  
**Monday, April 17**

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**



Answer: Iceberg lettuce! Actually, iceberg lettuce is also the least nutritious of a very nutritious family of vegetables. Try other kinds of greens in salads and on sandwiches for more flavor and greater nutritional value!

Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)



A JOB IN THE SCHOOL CAFETERIA ALLOWS YOU TO BE AT HOME WHEN YOUR FAMILY NEEDS YOU THERE. CALL TODAY FOR MORE INFORMATION!

(434) 515-5060

Monday, April 17	Tuesday, April 18	Wednesday, April 19	Thursday, April 20	Friday, April 21
<b><u>Lunch Entrée</u></b> Corn Dog Nuggets	<b><u>Lunch Entrée</u></b> Breaded Pork Steak <small>on Bun</small>	<b><u>Lunch Entrée</u></b> Shrimp Poppers	<b><u>Lunch Entrée</u></b> Creamy Macaroni & Cheese	<b><u>Lunch Entrée</u></b> Pizza Crunchers
<b><u>Lunch Sides</u></b> (All Included) Lima Beans Diced Strawberries	<b><u>Lunch Sides</u></b> (All Included) Steamed Broccoli Applesauce	<b><u>Lunch Sides</u></b> (All Included) Green Beans Mixed Fruit	<b><u>Lunch Sides</u></b> (All Included) Seasoned Pinto Beans Fresh Apple Slices	<b><u>Lunch Sides</u></b> (All Included) Crispy Tater Coins Diced Freestone Peaches
1% or Fat Free White Milk	1% or Fat Free White Milk	1% or Fat Free White Milk	1% or Fat Free White Milk	1% or Fat Free White Milk

Monday, April 24	Tuesday, April 25	Wednesday, April 26	Thursday, April 27	Friday, April 28
<b><u>Lunch Entrée</u></b> 100% Beef Patty <small>on WG Bun</small>	<b><u>Lunch Entrée</u></b> Pizza Dippers <small>w/ Marinara Sauce</small>	<b><u>Lunch Entrée</u></b> Breakfast for Lunch	<b><u>Lunch Entrée</u></b> Spaghetti & Meatballs	<b><u>Lunch Entrée</u></b> Fun Fish Nuggets
<b><u>Lunch Sides</u></b> (All Included) Southern Baked Beans Applesauce	<b><u>Lunch Sides</u></b> (All Included) Romaine Garden Salad Fresh Orange Slices	<b><u>Lunch Sides</u></b> (All Included) Seasoned Diced Potatoes 1/2 Fresh Banana	<b><u>Lunch Sides</u></b> (All Included) Sweet Green Peas Diced Peaches	<b><u>Lunch Sides</u></b> (All Included) Crunchy Baby Carrots Mixed Fruit
1% or Fat Free White Milk	1% or Fat Free White Milk	1% or Fat Free White Milk	1% or Fat Free White Milk	1% or Fat Free White Milk