

**LYNCHBURG
CITY
SCHOOLS**

**ELEMENTARY
MENUS**



Menus for August 2016

This institution is an equal opportunity provider. Menus are subject to change.

Monday, August 15

Lunch Entrées
(Choose 1)

Chicken Nuggets w/Corn Muffin
All Beef Hot Dog on WG Bun
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Seasoned Pinto Beans
Romaine Garden Salad
Fresh Cut Watermelon

Tuesday, August 16

Lunch Entrées
(Choose 1)

Pizza Dippers w/Pizza Dipping Sauce
Pork BBQ Flatbread Sandwich
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Crisp Cucumber Sticks w/Ranch Dip
Golden Sweet Corn
Amazin' Raisins
Fresh Orange Wedges

Wednesday, August 17

Lunch Entrées
(Choose 1)

Breakfast for Lunch
Ham, Egg & Cheese English Muffin
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Seasoned Diced Potatoes
"Sunset Sip" V-Blend Juice
Cinnamon Baked Apples

Thursday, August 18

Lunch Entrées
(Choose 1)

Spaghetti & Meatball w/breadstick
Breaded Chicken Patty on WG Bun
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Fresh Made Broccoli Salad
Steamed Green Peas
Diced Freestone Peaches

Friday, August 19

Lunch Entrées
(Choose 1)

Pizza Slice w/Selection of Toppings
Fun Fish Nuggets w/Corn Muffin
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Crunchy Baby Carrots
Crinkle Cut Oven Fries
Fresh Apple Slices

BREAKFAST MENUS

August 15-18 & Aug 29-Sept 2

Monday: Pillsbury WG FRUDEL

Tues: Cereal & Elf Grahams

Wednesday: Pillsbury WG MINI PANCAKES

Thurs: Cereal & Elf Grahams

Friday: Yogurt & Giant Goldfish Grahams

August 22-26

Monday: Cereal & Goldfish Grahams

Tuesday: Yogurt & WG Muffin

Wed: Pillsbury WG MINI CINIS

Thursday: Breakfast Chicken Slider

Friday: Cereal & Elf Grahams

Breakfast includes:

Fruit Juice

1 Serving of Fruit

8 oz of 1% or Fat Free White Milk

Monday, August 22

Lunch Entrées
(Choose 1)

All Beef Hot Dog on WG Bun
100% Beef Patty on WG Bun
Prepared with or without American Cheese
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Southern Style Baked Beans
Crispy Tater Coins
Lettuce & Sliced Tomato
Mandarin Orange Sections

Tuesday, August 23

Lunch Entrées
(Choose 1)

Popcorn Chicken Bites
Italian Meatball Sub
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Steamed Sweet Peas
Garden Pasta Salad
Fresh Apple Slices

Wednesday, August 24

Lunch Entrées
(Choose 1)

Baked Chicken w/Corn Muffin
Shrimp Poppers w/Corn Muffin
JIF Protein Pack Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Green Beans
Quick Baked Potato
Pineapple Tidbits

Thursday, August 25

Lunch Entrées
(Choose 1)

School Made Mac & Cheese
Corn Dog Nuggets
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Steamed Broccoli
Romaine Garden Salad
Applesauce

Friday, August 26

Lunch Entrées
(Choose 1)

Pizza Crunchers
Philly Cheese Steak Flatbread
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Crunchy Baby Carrots
Chuck Wagon Corn
Sweet Strawberries

Monday, August 29

Lunch Entrées
(Choose 1)

Chicken Nuggets w/Corn Muffin
Cheesy Beef Nachos
Served with Salsa & Sour Cream
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Seasoned Pinto Beans
Romaine Garden Salad
Chilled Mixed Fruit

Tuesday, August 30

Lunch Entrées
(Choose 1)

Pizza Dippers w/Pizza Dipping Sauce
Pork BBQ Flatbread Sandwich
PB&J Uncrustable Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Crisp Cucumber Sticks w/Ranch Dip
Golden Sweet Corn
Amazin' Raisins
Fresh Orange Wedges

Wednesday, August 31

Lunch Entrées
(Choose 1)

Breakfast for Lunch
Ham, Egg & Cheese English Muffin
JIF Protein Pack Combo Meal

Chef Salad w/Assorted Breads

Lunch Sides
(All Included)

Seasoned Diced Potatoes
"Sunset Sip" V-Blend Juice
Cinnamon Baked Apples

