



Lynchburg City Schools High School Lunch Menus

This institution is an equal opportunity provider.
Menus are subject to change.

Weekly Deli Menu

Offered with Lettuce, Tomato & Kosher Pickle Spear

Monday

All American Club Sub

Tuesday

Southwest Chicken Wrap

Wednesday

Italian Deli Sub

Thursday

Smoked Turkey & Swiss Croissant

Friday

Buffalo Chicken Wrap

Deli Sandwiches also available for Grab & Go

Available Daily

Pizzeria Style Pizza

Grilled Chicken Breast Sandwich

Spicy Chicken Breast Sandwich

Breaded Chicken Breast Sandwich

Featured Specials of the Day

August 15-18 & August 29-31

Monday

BBQ CHICKEN FLATBREAD

ITALIAN PIZZA DIPPERS w/MARINARA SAUCE

B-Y-O NACHOS OR TACO SALAD BOWL

Tuesday

PORK BBQ RIB ON WG BUN

BUFFALO CHICKEN CHUNKS w/WG BISCUIT

B-Y-O POTATO BAR w/WG BISCUIT

Wednesday

HAM, EGG & CHEESE BREAKFAST MUFFIN

BREAKFAST FOR LUNCH

B-Y-O NACHOS OR TACO SALAD BOWL

Thursday

HOT CUBAN PORK SANDWICH

FISH & SHRIMP PLATE w/CORN MUFFIN

B-Y-O POTATO BAR w/CORN MUFFIN

Friday

POTATO CRUSTED FISH FILLET ON WG BUN

SZECHWAN CHICKEN w/RICE

B-Y-O NACHOS OR TACO SALAD BOWL

New Grab & Go Menu

Monday

CHEF SALAD w/CROUTONS & CRACKERS

HUMMUS CUP PROTEIN PACK w/PITA POINTS

Tuesday

SOUTH WEST CHICKEN SALAD w/TORTILLA CHIPS

PEANUT BUTTER CUP PROTEIN PACK w/BAGEL

Wednesday

ASIAN CHICKEN SALAD w/PITA POINTS

FRUIT & YOGURT PARFAIT w/GRANOLA

Thursday

CHICKEN CAESAR SALAD w/CROUTONS & BREAD STICK

HUMMUS CUP PROTEIN PACK w/PITA POINTS

Friday

BUFFALO CHICKEN SALAD w/CROUTONS & CRACKERS

PEANUT BUTTER CUP PROTEIN PACK w/BAGEL

Featured Specials of the Day

August 22-26

Monday

BACON CHEESEBURGER ON WG BUN

BREADED PORK STEAK w/BISCUIT

B-Y-O NACHOS OR TACO SALAD BOWL

Tuesday

MEATBALL & MOZZARELLA SUB

ASIAN CHICKEN & VEG EGG ROLL w/RICE

B-Y-O POTATO BAR w/WG BISCUIT

Wednesday

SHRIMP PO' BOY SANDWICH

BAKED CHICKEN w/CORN MUFFIN

B-Y-O NACHOS OR TACO SALAD BOWL

Thursday

CAROLINA PORK BBQ ON WG BUN

MACARONI & CHEESE w/BREAD STICK

B-Y-O POTATO BAR w/BREAD STICKS

Friday

PHILLY STYLE CHEESE STEAK SUB

CHICKEN FAJITA w/MEXICAN RICE

B-Y-O NACHOS OR TACO SALAD BOWL

ALL LUNCHESS OFFERED WITH 2 SERVINGS OF FRUIT,
2 SERVINGS OF VEGETABLES, AND 8 OZ MILK.
FRUIT AND VEGETABLE OFFERINGS CHANGE DAILY.

Still the best deal in town!

Breakfast Lunch

\$1.25 \$2.55

Get in touch with us today to learn more about
free and reduced-price meals in our district:
School Nutrition Office 434-515-5060