

CACFP At-Risk Afterschool Meals Enrichment Activities – Week of October 19

Date	Activities
10/19/20	<ul style="list-style-type: none"> ● Achy-Breaky Heart. Go to the webpage to watch and learn the dance! (art, phys ed) https://family.gonoodle.com/activities/achy-breaky-heart ● Check out art at one of the most famous museums in the world, the “MET” or Metropolitan Museum of Art. Go to the time machine webpage here: https://www.metmuseum.org/art/online-features/metkids/time-machine Click on “Middle East,” then click “PUSH.” Click on the pieces of art one at a time and go through the experiences in the right column (like listen, watch, discover, etc). (art, history)
10/20/20	<ul style="list-style-type: none"> ● Go to the webpage and take the quiz to learn about tech! (tech) https://kids.nationalgeographic.com/games/quizzes/tech-trek-quiz-whiz/ ● How to Make Playdough: A Chemistry Experiment. Go to the webpage and play the video. (science) https://thekidshouldseethis.com/post/how-to-make-play-dough-a-chemistry-experiment
10/21/20	<ul style="list-style-type: none"> ● National Parks personality quiz! Go to the webpage and take the quiz to learn which national park you would be! (social studies) https://kids.nationalgeographic.com/games/personality-quizzes/national-parks-personality-quiz/ ● Cosmin Kids Yoga: Harry Potter Yoga. Go to the webpage and follow along to do yoga. (phys ed) https://www.youtube.com/watch?v=R-BS87NTV5I
10/22/20	<ul style="list-style-type: none"> ● Storyline Online: <u>Rent Part Jazz</u> read by Viola Davis. Go to the webpage and watch the book being read. (language arts) https://www.youtube.com/watch?v=JvKaVLLXa30 ● NASA: Dark Matter. Go to the webpage and read about dark matter. (science) https://spaceplace.nasa.gov/dark-matter/en/
10/23/20	<ul style="list-style-type: none"> ● Grades 4-12: Watch the video about Tuskegee Airman, then click on an activity or quiz below the movie. (history) https://www.brainpop.com/socialstudies/famoushistoricalfigures/muhammadali/?_ga=2.84973146.277798122.1598322836-1349083136.1598322836 ● TedEd: Why Don't Haircuts Hurt? Go to the webpage and play the video. (science) https://ed.ted.com/best_of_web/NbkK68D6

List of Resources for CACFP Activities Weeks 1-6

<u>Resource</u>	<u>Website address</u>	<u>Topics</u>
Brainpop	https://blog.brainpop.com/antiracist-education-free-resources-kids/	Various subjects
Cosmic Kids Yoga	https://www.youtube.com/user/CosmicKidsYoga	Yoga, meditation
Explore.org Live Cam	https://explore.org/livecams/	Watch animals around the world live
Fun Brain	https://www.funbrain.com/games	Various subjects, games, videos
Go Noodle Energy	https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/	Active, games
Go Noodle Family	https://family.gonoodle.com/	Active activities
Jack Hartman Kids Music Channel	https://www.youtube.com/channel/UCVcQH8A634mauPrGbWs7QIQ	Song and Dance
Kennedy Center	https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/	Activities about music, music history
MET Museum	https://www.metmuseum.org/art/online-features/metkids/	Art, history
NASA	https://www.nasa.gov/nasa-at-home-for-kids-and-families	Science, tech
National Geographic for Kids	https://kids.nationalgeographic.com	Social studies, science
Spy Museum	https://www.spymuseum.org/education-programs/spy-resources/	Activities from the museum, tech, history
Storyline Online	https://www.storylineonline.net/	Videos of books read by celebrated actors
TedEd	https://ed.ted.com/lessons?direction=desc&sort=featured-position&user_by_click=student	Various subjects
The Kid Should See This	https://thekidshouldseethis.com/	Various subjects, videos
USDA FNS	https://www.fns.usda.gov/tn/digital-nutrition-resources-kids	Nutrition Activities