

## CACFP At-Risk Afterschool Meals Enrichment Activities – Week of November 2

Date	Activities
11/2/20	<ul style="list-style-type: none"> <li>● National Geographic: Weird Nature Quiz. Go to the webpage and take the quiz to learn about weird things in nature. (science) <a href="https://kids.nationalgeographic.com/games/quizzes/quiz-whiz-weird-nature/">https://kids.nationalgeographic.com/games/quizzes/quiz-whiz-weird-nature/</a></li> <li>● Check out art at one of the most famous museums in the world, the “MET” or Metropolitan Museum of Art. Go to the time machine webpage here: <a href="https://www.metmuseum.org/art/online-features/metkids/time-machine">https://www.metmuseum.org/art/online-features/metkids/time-machine</a> Click on “Africa,” then click “PUSH.” Click on the pieces of art one at a time and go through the experiences in the right column (like listen, watch, discover, etc.). (art, history)</li> </ul>
11/3/20	<ul style="list-style-type: none"> <li>● Learn how to make a time capsule! Go to the webpage. (various subjects) <a href="https://family.gonoodle.com/activities/how-to-make-a-time-capsule">https://family.gonoodle.com/activities/how-to-make-a-time-capsule</a></li> <li>● Inventions by Kids! Seed Launching Backpack. Go to the webpage and watch the video. (science, tech) <a href="https://thekidshouldseethis.com/post/seed-launching-backpack-a-3d-printed-pollinator-friendly-invention">https://thekidshouldseethis.com/post/seed-launching-backpack-a-3d-printed-pollinator-friendly-invention</a></li> </ul>
11/4/20	<ul style="list-style-type: none"> <li>● Bone Strength video from NFL. Go to the webpage to learn how to increase bone strength through nutrition and exercise! (science, phys ed) <a href="https://family.gonoodle.com/activities/bone-strength">https://family.gonoodle.com/activities/bone-strength</a></li> <li>● Watch live footage of African Animals. Go to the webpage and click on “African Wildlife.” Write a list of animals you see, or draw them. (science, social studies) <a href="https://explore.org/livecams">https://explore.org/livecams</a></li> </ul>
11/5/20	<ul style="list-style-type: none"> <li>● Storyline Online- <i>Oh the Places You’ll Go</i>, read by Michelle Obama. Go to the webpage and read along or listen to the book. (language arts) <a href="https://www.youtube.com/watch?v=nVpHc8wsRKE">https://www.youtube.com/watch?v=nVpHc8wsRKE</a></li> <li>● Kennedy Center: World of Music. Go to the webpage and learn about composers, music and orchestras from around the world and listen to the music. (art, social studies) <a href="https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/media/music/ypc/a-world-of-music/">https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/media/music/ypc/a-world-of-music/</a></li> </ul>
11/6/20	<ul style="list-style-type: none"> <li>● UNICEF video: Song about handwashing showing people in countries around the world. Go to the webpage and watch the video. Then teach others about handwashing! (art, social studies) <a href="https://www.youtube.com/watch?v=0xprciOSg4c">https://www.youtube.com/watch?v=0xprciOSg4c</a></li> <li>● Spy Museum puzzle: Four Rotor Enigma Machine. Go to the webpage and click on “play” for the Four Rotor Enigma Machine Puzzle. (tech, history) <a href="https://www.spymuseum.org/education-programs/spy-resources/puzzles/">https://www.spymuseum.org/education-programs/spy-resources/puzzles/</a></li> </ul>

### List of Resources for CACFP Activities Weeks 1-6

<b>Resource</b>	<b>Website address</b>	<b>Topics</b>
Brainpop	<a href="https://blog.brainpop.com/antiracist-education-free-resources-kids/">https://blog.brainpop.com/antiracist-education-free-resources-kids/</a>	Various subjects
Cosmic Kids Yoga	<a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a>	Yoga, meditation
Explore.org Live Cam	<a href="https://explore.org/livecams/">https://explore.org/livecams/</a>	Watch animals around the world live
Fun Brain	<a href="https://www.funbrain.com/games">https://www.funbrain.com/games</a>	Various subjects, games, videos
Go Noodle Energy	<a href="https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/">https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/</a>	Active, games
Go Noodle Family	<a href="https://family.gonoodle.com/">https://family.gonoodle.com/</a>	Active activities
Jack Hartman Kids Music Channel	<a href="https://www.youtube.com/channel/UCVcQH8A634mauPrGbWs7QIQ">https://www.youtube.com/channel/UCVcQH8A634mauPrGbWs7QIQ</a>	Song and Dance
Kennedy Center	<a href="https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/">https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/</a>	Activities about music, music history
MET Museum	<a href="https://www.metmuseum.org/art/online-features/metkids/">https://www.metmuseum.org/art/online-features/metkids/</a>	Art, history
NASA	<a href="https://www.nasa.gov/nasa-at-home-for-kids-and-families">https://www.nasa.gov/nasa-at-home-for-kids-and-families</a>	Science, tech
National Geographic for Kids	<a href="https://kids.nationalgeographic.com">https://kids.nationalgeographic.com</a>	Social studies, science
Spy Museum	<a href="https://www.spymuseum.org/education-programs/spy-resources/">https://www.spymuseum.org/education-programs/spy-resources/</a>	Activities from the museum, tech, history
Storyline Online	<a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a>	Videos of books read by celebrated actors
TedEd	<a href="https://ed.ted.com/lessons?direction=desc&amp;sort=featured-position&amp;user_by_click=student">https://ed.ted.com/lessons?direction=desc&amp;sort=featured-position&amp;user_by_click=student</a>	Various subjects
The Kid Should See This	<a href="https://thekidshouldseethis.com/">https://thekidshouldseethis.com/</a>	Various subjects, videos
USDA FNS	<a href="https://www.fns.usda.gov/tn/digital-nutrition-resources-kids">https://www.fns.usda.gov/tn/digital-nutrition-resources-kids</a>	Nutrition Activities