

CACFP At-Risk Afterschool Meals Enrichment Activities – Week of November 2

Date	Activities
11/2/20	<ul style="list-style-type: none"> ● National Geographic: Weird Nature Quiz. Go to the webpage and take the quiz to learn about weird things in nature. (science) https://kids.nationalgeographic.com/games/quizzes/quiz-whiz-weird-nature/ ● Check out art at one of the most famous museums in the world, the “MET” or Metropolitan Museum of Art. Go to the time machine webpage here: https://www.metmuseum.org/art/online-features/metkids/time-machine Click on “Africa,” then click “PUSH.” Click on the pieces of art one at a time and go through the experiences in the right column (like listen, watch, discover, etc.). (art, history)
11/3/20	<ul style="list-style-type: none"> ● Learn how to make a time capsule! Go to the webpage. (various subjects) https://family.gonoodle.com/activities/how-to-make-a-time-capsule ● Inventions by Kids! Seed Launching Backpack. Go to the webpage and watch the video. (science, tech) https://thekidshouldseethis.com/post/seed-launching-backpack-a-3d-printed-pollinator-friendly-invention
11/4/20	<ul style="list-style-type: none"> ● Bone Strength video from NFL. Go to the webpage to learn how to increase bone strength through nutrition and exercise! (science, phys ed) https://family.gonoodle.com/activities/bone-strength ● Watch live footage of African Animals. Go to the webpage and click on “African Wildlife.” Write a list of animals you see, or draw them. (science, social studies) https://explore.org/livecams
11/5/20	<ul style="list-style-type: none"> ● Storyline Online- <i>Oh the Places You’ll Go</i>, read by Michelle Obama. Go to the webpage and read along or listen to the book. (language arts) https://www.youtube.com/watch?v=nVpHc8wsRKE ● Kennedy Center: World of Music. Go to the webpage and learn about composers, music and orchestras from around the world and listen to the music. (art, social studies) https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/media/music/ypc/a-world-of-music/
11/6/20	<ul style="list-style-type: none"> ● UNICEF video: Song about handwashing showing people in countries around the world. Go to the webpage and watch the video. Then teach others about handwashing! (art, social studies) https://www.youtube.com/watch?v=0xprciOSg4c ● Spy Museum puzzle: Four Rotor Enigma Machine. Go to the webpage and click on “play” for the Four Rotor Enigma Machine Puzzle. (tech, history) https://www.spymuseum.org/education-programs/spy-resources/puzzles/

List of Resources for CACFP Activities Weeks 1-6

Resource	Website address	Topics
Brainpop	https://blog.brainpop.com/antiracist-education-free-resources-kids/	Various subjects
Cosmic Kids Yoga	https://www.youtube.com/user/CosmicKidsYoga	Yoga, meditation
Explore.org Live Cam	https://explore.org/livecams/	Watch animals around the world live
Fun Brain	https://www.funbrain.com/games	Various subjects, games, videos
Go Noodle Energy	https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/	Active, games
Go Noodle Family	https://family.gonoodle.com/	Active activities
Jack Hartman Kids Music Channel	https://www.youtube.com/channel/UCVcQH8A634mauPrGbWs7QIQ	Song and Dance
Kennedy Center	https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/	Activities about music, music history
MET Museum	https://www.metmuseum.org/art/online-features/metkids/	Art, history
NASA	https://www.nasa.gov/nasa-at-home-for-kids-and-families	Science, tech
National Geographic for Kids	https://kids.nationalgeographic.com	Social studies, science
Spy Museum	https://www.spymuseum.org/education-programs/spy-resources/	Activities from the museum, tech, history
Storyline Online	https://www.storylineonline.net/	Videos of books read by celebrated actors
TedEd	https://ed.ted.com/lessons?direction=desc&sort=featured-position&user_by_click=student	Various subjects
The Kid Should See This	https://thekidshouldseethis.com/	Various subjects, videos
USDA FNS	https://www.fns.usda.gov/tn/digital-nutrition-resources-kids	Nutrition Activities