

## CACFP At-Risk Afterschool Meals Enrichment Activities – Week of December 7

Date	Activities
12/7/20	<ul style="list-style-type: none"> <li>● Achy-Breaky Heart. Go to the webpage to watch and learn the dance! (art, phys ed) <a href="https://family.gonoodle.com/activities/achy-breaky-heart">https://family.gonoodle.com/activities/achy-breaky-heart</a></li> <li>● Check out art at one of the most famous museums in the world, the “MET” or Metropolitan Museum of Art. Go to the time machine webpage here: <a href="https://www.metmuseum.org/art/online-features/metkids/time-machine">https://www.metmuseum.org/art/online-features/metkids/time-machine</a> Click on “Middle East,” then click “PUSH.” Click on the pieces of art one at a time and go through the experiences in the right column (like listen, watch, discover, etc). (art, history)</li> </ul>
12/8/20	<ul style="list-style-type: none"> <li>● Go to the webpage and take the quiz to learn about tech! (tech) <a href="https://kids.nationalgeographic.com/games/quizzes/tech-trek-quiz-whiz/">https://kids.nationalgeographic.com/games/quizzes/tech-trek-quiz-whiz/</a></li> <li>● How to Make Playdough: A Chemistry Experiment. Go to the webpage and play the video. (science) <a href="https://thekidshouldseethis.com/post/how-to-make-play-dough-a-chemistry-experiment">https://thekidshouldseethis.com/post/how-to-make-play-dough-a-chemistry-experiment</a></li> </ul>
12/9/20	<ul style="list-style-type: none"> <li>● National Parks personality quiz! Go to the webpage and take the quiz to learn which national park you would be! (social studies) <a href="https://kids.nationalgeographic.com/games/personality-quizzes/national-parks-personality-quiz/">https://kids.nationalgeographic.com/games/personality-quizzes/national-parks-personality-quiz/</a></li> <li>● Cosmin Kids Yoga: Harry Potter Yoga. Go to the webpage and follow along to do yoga. (phys ed) <a href="https://www.youtube.com/watch?v=R-BS87NTV5I">https://www.youtube.com/watch?v=R-BS87NTV5I</a></li> </ul>
12/10/20	<ul style="list-style-type: none"> <li>● Storyline Online: <u>Rent Part Jazz</u> read by Viola Davis. Go to the webpage and watch the book being read. (language arts) <a href="https://www.youtube.com/watch?v=JvKaVLLXa30">https://www.youtube.com/watch?v=JvKaVLLXa30</a></li> <li>● NASA: Dark Matter. Go to the webpage and read about dark matter. (science) <a href="https://spaceplace.nasa.gov/dark-matter/en/">https://spaceplace.nasa.gov/dark-matter/en/</a></li> </ul>
12/11/20	<ul style="list-style-type: none"> <li>● Grades 4-12: Watch the video about Tuskegee Airman, then click on an activity or quiz below the movie. (history) <a href="https://www.brainpop.com/socialstudies/famoushistoricalfigures/muhammadali/?_ga=2.84973146.277798122.1598322836-1349083136.1598322836">https://www.brainpop.com/socialstudies/famoushistoricalfigures/muhammadali/?_ga=2.84973146.277798122.1598322836-1349083136.1598322836</a></li> <li>● TedEd: Why Don't Haircuts Hurt? Go to the webpage and play the video. (science) <a href="https://ed.ted.com/best_of_web/NbkK68D6">https://ed.ted.com/best_of_web/NbkK68D6</a></li> </ul>

### List of Resources for CACFP Activities Weeks 1-6

<b>Resource</b>	<b>Website address</b>	<b>Topics</b>
Brainpop	<a href="https://blog.brainpop.com/antiracist-education-free-resources-kids/">https://blog.brainpop.com/antiracist-education-free-resources-kids/</a>	Various subjects
Cosmic Kids Yoga	<a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a>	Yoga, meditation
Explore.org Live Cam	<a href="https://explore.org/livecams/">https://explore.org/livecams/</a>	Watch animals around the world live
Fun Brain	<a href="https://www.funbrain.com/games">https://www.funbrain.com/games</a>	Various subjects, games, videos
Go Noodle Energy	<a href="https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/">https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/</a>	Active, games
Go Noodle Family	<a href="https://family.gonoodle.com/">https://family.gonoodle.com/</a>	Active activities
Jack Hartman Kids Music Channel	<a href="https://www.youtube.com/channel/UCVcQH8A634mauPrGbWs7QIQ">https://www.youtube.com/channel/UCVcQH8A634mauPrGbWs7QIQ</a>	Song and Dance
Kennedy Center	<a href="https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/">https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/</a>	Activities about music, music history
MET Museum	<a href="https://www.metmuseum.org/art/online-features/metkids/">https://www.metmuseum.org/art/online-features/metkids/</a>	Art, history
NASA	<a href="https://www.nasa.gov/nasa-at-home-for-kids-and-families">https://www.nasa.gov/nasa-at-home-for-kids-and-families</a>	Science, tech
National Geographic for Kids	<a href="https://kids.nationalgeographic.com">https://kids.nationalgeographic.com</a>	Social studies, science
Spy Museum	<a href="https://www.spymuseum.org/education-programs/spy-resources/">https://www.spymuseum.org/education-programs/spy-resources/</a>	Activities from the museum, tech, history
Storyline Online	<a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a>	Videos of books read by celebrated actors
TedEd	<a href="https://ed.ted.com/lessons?direction=desc&amp;sort=featured-position&amp;user_by_click=student">https://ed.ted.com/lessons?direction=desc&amp;sort=featured-position&amp;user_by_click=student</a>	Various subjects
The Kid Should See This	<a href="https://thekidshouldseethis.com/">https://thekidshouldseethis.com/</a>	Various subjects, videos
USDA FNS	<a href="https://www.fns.usda.gov/tn/digital-nutrition-resources-kids">https://www.fns.usda.gov/tn/digital-nutrition-resources-kids</a>	Nutrition Activities