



**LYNCHBURG CITY SCHOOLS  
HIGH SCHOOL MENUS**

This institution is an equal opportunity provider. Menus are subject to change.

**Available Daily**

**ENTRÉE**

**VARIETY OF PIZZA**

**VEGETABLE**

**Fresh Garden Salad**

**FRUIT**

**Seasonal Fresh Whole Fruit  
Selection of Cupped Fruit**

**GARNISH**

*(included with sandwich)*

**Lettuce, Sliced Tomato & Pickle**

**FAT FREE or 1% MILK**

**Menus for December 1-4 (Tues-Fri) & December 14-15 (Mon-Tues)**

**HAVE IT YOUR WAY STATION**

**SUBS & NACHOS WITH ALL THE FIXINGS**

**MONDAY**

**BEEF & CHEESE NACHOS  
BEEF SOFT TACO**

**OFFERED WITH**

Seasoned Potato Wedges & Refried Beans  
Veggie and Fruit Bar

**TUESDAY**

**HOT BEEF STEAK & GRAVY SUB  
AMERICAN CLUB SUB**

**OFFERED WITH**

Crispy Tater Rounds  
Veggie and Fruit Bar

**WEDNESDAY**

**BEEF & CHEESE NACHOS  
BEEF SOFT TACO**

**OFFERED WITH**

Shoe String Potato Fries  
Veggie and Fruit Bar

**THURSDAY**

**HOT MEATBALL SUB  
CHICKEN or TUNA SALAD SUB**

**OFFERED WITH**

Creamy Mashed Potatoes w/Gravy  
Veggie and Fruit Bar

**FRIDAY**

**BEEF & CHEESE NACHOS  
BEEF SOFT TACO**

**OFFERED WITH**

Seasoned Potato Wedges & California Vegetable Medley  
Veggie and Fruit Bar

**BUFFET STATIONS**

**HOT & COLD ENTREES MADE FRESH DAILY**

**MONDAY**

**BREADED CHICKEN FILLET** on a Bun  
**MEXICAN STYLE BEEF-A-RONI** served with Tostito Scoops

**OFFERED WITH**

Seasoned Potato Wedges  
Refried Beans & Succotash

**TUESDAY**

**HOT HAM & CHEESE BAGEL**  
**BRUNCH FOR LUNCH— EGGS, SAUSAGE & FRENCH TOAST**

**OFFERED WITH**

Crispy Tater Rounds & Fresh Carrots w/Ranch Dip  
Cinnamon Baked Apples

**WEDNESDAY**

**SPICY or HONEY BBQ RIBS** on a Bun  
**ITALIAN CHICKEN ALFREDO**  
Over Spiral Noodles and served with Freshly Baked Garlic Breadstick

**OFFERED WITH**

Shoe String Potato Fries  
Steamed Broccoli

**THURSDAY**

**TEXAS STYLE PORK BBQ** on a Bun  
**BBQ CHICKEN** w/Freshly Baked Dinner Roll  
**OFFERED WITH**  
Creamy Mashed Potatoes w/Gravy & Green Beans  
Freshly Made Cole Slaw

**FRIDAY**

**POTATO CRUSTED FISH FILLET** on a Bun  
**SOUTHWEST CHILI** with BEANS served with Tostito Scoops

**OFFERED WITH**

Seasoned Potato Wedges  
California Vegetable Medley & Cole Slaw

**LUNCH INCLUDES ENTRÉE, 2 SIDES OF VEGETABLES, 2 SIDES OF FRUIT & MILK**

# Lunch Menus for December 7-11

## HAVE IT YOUR WAY STATION SUBS & NACHOS WITH ALL THE FIXINGS

### MONDAY

BEEF & CHEESE NACHOS  
BEEF SOFT TACO

**OFFERED WITH**  
Seasoned Potato Wedges & Refried Beans  
Veggie and Fruit Bar

### TUESDAY

PHILLY STYLE CHEESE STEAK SUB  
AMERICAN CLUB SUB

**OFFERED WITH**  
Mashed Potatoes & Gravy  
Veggie and Fruit Bar

### WEDNESDAY

BEEF & CHEESE NACHOS  
BEEF SOFT TACO

**OFFERED WITH**  
Shoe String Potato Fries  
Veggie and Fruit Bar

### THURSDAY

HOT MEATBALL SUB  
ITALIAN DELI SUB

**OFFERED WITH**  
Seasoned Curly Fries  
Veggie and Fruit Bar

### FRIDAY

BEEF & CHEESE NACHOS  
BEEF SOFT TACO

**OFFERED WITH**  
Crispy Tater Rounds & Steamed Broccoli  
Veggie and Fruit Bar

## BUFFET STATIONS HOT & COLD ENTREES MADE FRESH DAILY

### MONDAY

BREADED CHICKEN FILLET on a Bun  
CHICKEN QUESADILLA served with Salsa & Sour Cream

**OFFERED WITH**  
Seasoned Potato Wedges  
Golden Sweet Corn & Refried Beans

### TUESDAY

BREADED PORK STEAK on a Bun  
OVEN FRIED CHICKEN served with Freshly Baked Dinner Roll

**OFFERED WITH**  
Creamy Mashed Potatoes w/Gravy & Green Beans  
Fresh Carrots w/Ranch Dip

### WEDNESDAY

TEXAS STYLE PORK BBQ on a Bun  
CHICKEN FAJITA on Flatbread  
served with Sautéed Peppers & Onions

**OFFERED WITH**  
Shoe String Potato Fries  
Freshly Made Cole Slaw

### THURSDAY

BACON CHEESEBURGER on a Bun  
BREADED CHICKEN TENDERS w/Freshly Baked Dinner Roll

**OFFERED WITH**  
Seasoned Curly Fries  
Steamed Green Peas

### FRIDAY

SPICY or HONEY BBQ RIBS on a Bun  
SPAGHETTI & MEAT SAUCE served with Freshly Baked Garlic Breadstick

**OFFERED WITH**  
Crispy Tater Rounds  
Steamed Broccoli & Fresh Garden Salad

December 16-18

Early Dismissal  
Schedule

Grab-N-Go Lunch

Selection of Cold Sandwiches  
*Offered with Chips*

*Fresh Veggies & Dip*

*Variety of Fruit Choices*

*Fruit Juice*

*Fat Free or 1% Milk*

*Good Luck on Your Exams!*

# HAPPY 2016!

Last day  
of school:  
Friday,  
Dec. 18

Classes  
resume:  
Monday,  
Jan. 4



SEE YOU  
NEXT YEAR!

LUNCH INCLUDES ENTRÉE, 2 SIDES OF VEGETABLES, 2 SIDES OF FRUIT & MILK