

WEEKLY BREAKFAST MENU

Monday: Breakfast Chicken Slider
 Tuesday: Cereal & String Cheese
 Wed: Kellogg's WG Mini Pancakes
 Thursday: Cereal & String Cheese
 Friday: Yogurt & Vanilla Grahams

Breakfast includes: Milk,
 Fruit Juice & 1 Serving of Fruit

Menus for December 2017

Lynchburg City Schools Middle School Lunch Menus

This institution is an equal opportunity provider. Menus are subject to change.

DON'T 4GET!
 Take at least
ONE
FRUIT or
VEGGIE
 and at least
THREE items total
 so your meal
 counts as a
 complete lunch!

Friday, December 1

Lunch Entrée

Pizza Crunchers

Lunch Sides

(All Included)

Campbell's Tomato Soup
 Crispy Tater Coins
 Diced Peaches

1% or Fat Free Milk

Available Daily for Lunch

Smuckers PB&J Uncrustable Combo Meal

Freshly Prepared Chef Salad

served w/Assorted Breads

Grilled Chicken Fillet on WG Bun

Fruit Yogurt, String Cheese & Muffin
 (Wednesdays)

Monday, December 4

Lunch Entrée

Chargrilled Beef Patty on WG Bun

Lunch Sides

(All Included)

Green Beans
 Crinkle Cut Oven Fries
 Diced Pears

1% or Fat Free Milk

Tuesday, December 5

Lunch Entrée

BBQ Pork Rib Sandwich

Lunch Sides

(All Included)

Southern Style Baked Beans
 Romaine Garden Salad
 Chilled Mixed Fruit

1% or Fat Free Milk

Wednesday, December 6

Lunch Entrée

Breakfast for Lunch

Lunch Sides

(All Included)

Seasoned Diced Potatoes
"Sunset Sip" V-blend Juice
 Fresh Whole Banana

1% or Fat Free Milk

Thursday, December 7

Lunch Entrée

Spaghetti & Meatballs w/Bread Stick

Lunch Sides

(All Included)

Green Beans
 Romaine Garden Salad
 Sliced Peaches

1% or Fat Free Milk

Friday, December 8

Lunch Entrée

Pizza Slice

Lunch Sides

(All Included)

Home Made Turkey & Vegetable Soup
 Seasoned Potato Wedges
 Applesauce

1% or Fat Free Milk

Monday, December 11

Lunch Entrée

Breaded Pork Steak on Bun

Lunch Sides

(All Included)

Mashed Potatoes w/Gravy
 Romaine Garden Salad
 Diced Pears

1% or Fat Free Milk

Tuesday, December 12

Lunch Entrée

Corn Dog Nuggets

Lunch Sides

(All Included)

Sweet Potatoes
V-blend Juice
 Fresh Whole Banana

1% or Fat Free Milk

Wednesday, December 13

Lunch Entrée

Turkey & Dressing Supreme w/Roll

Lunch Sides

(All Included)

Green Beans
 Roasted Red Skin Potatoes
 Mixed Fruit

1% or Fat Free Milk

Thursday, December 14

Lunch Entrée

Mac & Cheese w/Bread Stick

Lunch Sides

(All Included)

Seasoned Pinto Beans
 Romaine Garden Salad
 Applesauce

1% or Fat Free Milk

Friday, December 15

Lunch Entrée

Pizza Crunchers

Lunch Sides

(All Included)

Campbell's Tomato Soup
 Crispy Tater Coins
 Diced Peaches

1% or Fat Free Milk

**See You
Next Year!**

Last day of school:
 Friday, December 15

Classes Resume
 Tuesday, January 2

