



## MENUS FOR FEBRUARY 2016

### LYNCHBURG CITY SCHOOLS HIGH SCHOOL MENUS

This institution is an equal opportunity provider. Menus are subject to change.

## Available Daily

### ENTRÉE

**\*NEW\* PIZZERIA STYLE PIZZA**

**Wednesday BOSCO STICKS**

### VEGETABLE

**Fresh Garden Salad Bar**

### FRUIT

**Seasonal Fresh Whole Fruit**

**Selection of Cupped Fruit**

### GARNISH

included with sandwich

**Lettuce, Sliced Tomato & Pickle**

### FAT FREE or 1% MILK

## Menus for February 1 thru 5 & February 29

### Have it Your Way Station

Subs & Nachos with all the fixings

#### Monday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa

**Offered With**

Seasoned Potato Wedges  
Veggie and Fruit Bar

#### Tuesday

AMERICAN CLUB SUB  
TURKEY & SWISS SUB

**Offered With**

Crispy Tater Rounds  
Veggie and Fruit Bar

#### Wednesday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa

**Offered With**

Shoe String Potato Fries  
Veggie and Fruit Bar

#### Thursday

FRESHLY MADE CHICKEN or TUNA SALAD  
SERVED ON FRESH BAKED ROLL or FLAKY CROISSANT

**Offered With**

Seasoned Curly Fries  
Veggie and Fruit Bar

#### Friday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa

**Offered With**

Crispy Tater Rounds  
Veggie and Fruit Bar

### Buffet Stations

Hot & Cold Entrees Made Fresh Daily

#### Monday

BREADED CHICKEN FILLET on a Bun  
PHILLY STYLE CHEESE STEAK SUB

**Offered With**

Seasoned Potato Wedges  
Seasoned Pinto Beans

#### Tuesday

BREADED PORK STEAK on a Bun  
BBQ CHICKEN FLATBREAD SANDWICH

**Offered With**

Creamy Mashed Potatoes w/Gravy & Green Beans  
Fresh Baby Carrots

#### Wednesday

POTATO CRUSTED FISH FILLET on a Bun  
HOT MEATBALL & MOZZARELLA SUB

**Offered With**

Shoe String Potato Fries  
Freshly Made Corn & Edamame Salad

#### Thursday

BACON CHEESEBURGER on a Bun  
MACARONI & CHEESE w/Garlic Bread Stick

**Offered With**

Seasoned Curly Fries  
Steamed Broccoli Florets

#### Friday

SPICY PORK BBQ RIBS on a Bun  
CHICKEN CORDON BLEU SANDWICH

**Offered With**

Crispy Tater Rounds  
Cuban Black Beans & Cole Slaw

Lunch includes Entrée, 2 sides of Vegetables, 2 sides of Fruit & Milk

## Grab-n-Go Breakfast

Savory Breakfast Biscuits  
Satisfying Breakfast Pizza  
Pillsbury Mini Cinnis  
Pillsbury Mini Pancakes  
Moist Muffins & Fruit Yogurt  
Kellogg's Pop Tart & Yogurt  
Fantastic Flapsticks  
French Toast Sticks  
Fruit Smoothies w/Granola  
Breakfast Parfaits w/Granola  
Selection of Cold Cereals  
w/Graham Crackers

Breakfast includes choice of entrée, juice,  
1 serving of fruit and choice of milk

## February 15 thru 19

### Monday, February 15

**PRESIDENTS DAY  
NO SCHOOL TODAY**

### Tuesday, February 16

**WINTER BREAK  
NO SCHOOL TODAY**

## INTERSESSION LUNCH MENUS

### Wednesday, February 17

BOSCO STICKS w/Pizza Dipping Sauce  
TURKEY & CHEESE CROISSANT  
Seasoned Potato Wedges, Garden Salad & Fruit

### Thursday, February 18

CHICKEN BREAST FILLET on a Bun  
PEPPERJACK BEEF SLIDERS  
Seasoned Curly Fries, Garden Salad & Fruit

### Friday, February 19

PIZZERIA STYLE PIZZA  
PHILLY CHEESE STEAK SUB  
Shoestring Potato Fries, Garden Salad & Fruit

## Menus for February 8 thru 12 & February 22 thru 26

### Have it Your Way Station

Subs & Nachos with all the fixings

#### Monday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa  
**Offered With**  
Seasoned Potato Wedges  
Veggie and Fruit Bar

#### Tuesday

AMERICAN CLUB SUB  
TURKEY & SWISS SUB  
**Offered With**  
Crispy Tater Rounds  
Veggie and Fruit Bar

#### Wednesday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa  
**Offered With**  
Shoe String Potato Fries  
Veggie and Fruit Bar

#### Thursday

FRESHLY MADE CHICKEN or TUNA SALAD  
SERVED ON FRESH BAKED ROLL or FLAKY CROISSANT  
**Offered With**  
Seasoned Curly Fries  
Veggie and Fruit Bar

#### Friday

BEEF & CHEESE NACHOS  
BEEF SOFT TACO w/Baked Scoops & Salsa  
**Offered With**  
Seasoned Potato Wedges & California Vegetable Medley  
Veggie and Fruit Bar

### Buffet Stations

Hot & Cold Entrees Made Fresh Daily

#### Monday

BREADED CHICKEN FILLET on a Bun  
CLASSIC CORNDOG NUGGETS  
**Offered With**  
Seasoned Potato Wedges  
Southern Baked Beans

#### Tuesday

HOT HAM & CHEESE BAGEL  
BRUNCH FOR LUNCH— EGGS, SAUSAGE & FRENCH TOAST  
**Offered With**  
Crispy Hash Brown Patty & Fresh Carrots w/Ranch Dip  
Cinnamon Baked Apples

#### Wednesday

SPICY PORK BBQ RIBS on a Bun  
TERIYAKI CHICKEN & RICE BOWL  
**Offered With**  
Shoe String Potato Fries  
Steamed Broccoli

#### Thursday

POTATO CRUSTED FISH FILLET on a Bun  
CLUX DELUX CHICKEN BREAST CHUNKS w/Freshly Baked Dinner Roll  
**Offered With**  
Creamy Mashed Potatoes w/Gravy & Succotash  
Freshly Made Cole Slaw

#### Friday

TEXAS STYLE PORK BBQ on a Bun  
SOUTHWEST CHILI with BEANS served with Tostito Scoops  
**Offered With**  
Seasoned Potato Wedges  
California Vegetable Medley & Cole Slaw

Lunch includes Entrée, 2 sides of Vegetables, 2 sides of Fruit & Milk