FRESH FRUIT & VEGETABLE PROGRAM November 2013

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|------------------------|---|-----------------------|-------------------------|
| | | | | 1. Sliced Apples |
| 4. Purple Grapes | 5. | 6. Celery Sticks w/ dip | 7. | 8. Banana |
| 11. Fresh Fall Apple | 12. Radishes w/ dip | 13. Blackberries | 14. Broccoli w/dip | 15. Pear |
| Farm to School Week – October 11 – 15, 2013 – Local Crops | | | | |
| 18. Green Grapes | 19. | 20. Cauliflower Florets w/ dip | 21. | 22. Pineapple Chunks |
| American Education Week –Celebrating Public Education – October 18 – 22, 2013 | | | | |
| 25. Plum | 26. | 27. 28. 29 Thanksgiving Holiday – 11/27 – 11/29 - No School 11/27 – 11/29 - No School | | |
| Shift Contraction of the second secon | | | | |

"In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."