FRESH FRUIT & VEGETABLE PROGRAM September 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome				
3. Students do not attend Holiday	4.	5.	6.	7.
10.	11.	Banana	13.	Bunches of Berries Blackberries, Strawberries, Blueberries & Raspberries
17.	14.	19.	20.	21.
Healthy Virginians Week - FFVP Each Day!				
Orange Wedges	Spinach Salad with Strawberries/dressing	Steamed Red Potatoes	Kiwi	Sugar Snap Peas
24. Celery & Carrots	25.	Star Fruit	27.	Plum

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, age, sex or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800)795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.