

Monday, April 30

Breakfast

WG Turkey Sausage Bkf. Square: Fruit of Choice

Lunch

Local Organic 100% Beef Cheeseburger / WG Bun Or Texas BBO / WG Bun **Sides** (1/2 of your plate) Savory Potato Wedges Carrot & Celery Sticks w/dip Fresh or Canned Fruit

Tuesday, May I

Breakfast

Cereal; WG Grahams

Lunch

Chicken Nuggets Or Sliced Ham **Sides** (1/2 of your plate) Creamy Mashed Potatoes Fresh Frn Green Peas Fresh or Canned Fruit Fresh Baked Wheat Rolls

Wednesday, May 2

Breakfast

Crispy Steak Biscuit

Lunch

Assorted Wedge Pizza Or PBI Uncrustable **Sides** (1/2 of your plate) Tossed Garden Salad w/ dressing; Crackers Hot Vegetable of Choice Fresh or Canned Fruit

Thursday, May 3

Breakfast

Blueberry Pancakes w/ syrup; Fresh Fruit

Lunch

Fresh Chicken Salad / WG Bun Deli Meats w/ cheese / WG Bun **Sides** (1/2 of your plate) Oven Roasted Red Skinned **Potatoes** Fresh Fzn. Green Beans Fresh Fruit Cup Chocolate Chip Cookie

Friday, May 4

Breakfast

Yogurt; WG Grahams

Lunch

Crispy WG Fish Sticks* w/WG Toast or Honey BBQ Rib / WG Bun **Sides** (1/2 of your plate) Fresh Frozen Corn Fresh Cucumber Wheels w/ranch dip Frozen Fruit Sherbet *Whole Muscle Cold Water Pollock

Monday, May 7

Breakfast

WG Turkey Sausage Bkf. Bagel; Applesauce Cup

Lunch

Hot Dog / WG Bun With/without Chili or Meatball w/cheese / WG Bun **Sides** (1/2 of your plate) Crispy Potato Wedges Fresh Fzn. Mixed Vegetables Fresh or Canned Fruit

Tuesday, May 8

Breakfast

Cereal: WG Grahams Fresh Banana

Lunch

Honey BBQ Chicken Nuggets Or Sliced Ham **Sides** (1/2 of your plate) Mashed Potatoes Fresh Fzn Green Beans Fresh or Canned Fruit Fresh Baked Wheat Rolls

Wednesday, May 9

Breakfast

Crispy Chicken Biscuit

Lunch

Assorted Wedge Pizza Or PBI Uncrustable **Sides** (1/2 of your plate) Tossed Garden Salad w/ dressing; Crackers Hot Vegetable of Choice Fresh or Canned Fruit

Thursday, May 10

Breakfast

Cereal; WG Grahams

Brunch for Lunch

Cheesy Scrambled Eggs Sausage Pattie Oven Crisp Potato Puffs Warm Baked Apples Fresh Baked Biscuit



Friday, May II

Breakfast

Yogurt; Blueberry Muffin

Mother's Day Lunch

Fresh Cooked Sliced Turkey Roast Or Oven Roasted Chicken w/ Wild Grain Seasoned Rice **Sides** (1/2 of your plate) Steamed Broccoli w/ cheese Golden Corn on Cob Fresh Strawberries w/topping Sugar Cookie

Mothers & Grandmothers are invited to share a school lunch on Friday, May 11 in celebration of Mothers' Day. Ilease call 🧢 your school so we can plan for you.

Adult Meal: \$2,35 Additional Child's meal: \$1.50

Account and Charge Procedures for Elementary Students

- We encourage all parents to place money on their child's account. This method provides safety and insures your money will be spent as it was intended. All students, including those eligible for free lunch, enjoy extra money on their account for occasional treats. Money may be placed on your child's account in any amount each
- We allow elementary students 3 breakfast charges and 3 lunch charges for a total of \$7.05. Our cafeteria computers have been programmed to allow only this amount and the school cashier cannot charge beyond this amount
- If no money is received and the parent has not made arrangements for his/her child, School Nutrition will provide a student with a toasted cheese sandwich or cheese crackers, and a carton of milk. This emergency snack provides student needs to get through the school day.
- Parents, please remember it is your responsibility to keep your child's account current. Make sure you place enough money on your child's account to cover the cost of his/her school meals.













Monday, May 14

Breakfast

WG Turkey Sausage Bkf. Square; Fruit

Lunch

Local Organic 100% Beef Cheeseburger / WG Bun or Turkey & cheese / WG Bun **Sides** (1/2 of your plate) Savory Potato Wedges Carrot & Celery Sticks w/dip

Tuesday, May 15

Breakfast

Cereal: WG Grahams Fresh Banana

Lunch

Popcorn Chicken Or Sliced Ham **Sides** (1/2 of your plate) Creamy Mashed Potatoes Fresh Fzn Green Peas Fresh or Canned Fruit Fresh Baked Wheat Rolls

Wednesday, May 16

Breakfast

Crispy Steak Biscuit

Lunch

Assorted Wedge Pizza Or PBI Uncrustable **Sides** (1/2 of your plate) Fresh Spinach & Strawberry Salad w/ dressing; Crackers Hot Vegetable of Choice Fresh or Canned Fruit

Thursday, May 17

Breakfast

Blueberry Pancakes w/syrup Fresh Fruit

Lunch

Crispy WG Fish Sticks* With Bakery Dinner Roll Or Honey BBQ Rib / WG Bun **Sides** (1/2 of your plate) Creamy Macaroni & Cheese Fresh Steamed Cabbage Fresh or Canned Fruit *Whole Muscle Cold Water Pollock

Friday, May 18

Breakfast

Flapstick; Fruit

Lunch

Texas BBQ / WG Bun Deli Cold Cuts w/cheese / WG Bun

Sides (1/2 of your plate) Fresh Baked Potato Fresh Veggies w/ Ranch dip Frozen Fruit Sherbet

And Choc. Chip Cookie



Choice of milk served with all complete meals: Skim & 1% white for breakfast and white & flavored milk for lunch

100% Fruit Juice is served with every Breakfast. Cereal is available every day.

"Offer vs. Serve" - Students may decline one item for breakfast and one or two items for lunch if they choose. Prices remain the same whether the full meal is chosen or an item is declined.

Please check with your cafeteria manager or the School Nutrition Office if your child has any dietary concerns.

WG = Whole Grain

Menus are subject to change without notice.

Monday, May 28



Holiday

No School

Tuesday, May 29

Breakfast

WG Turkey Sausage Bkf. Square; Fruit of Choice

Swim into Summer with Shark Chicken Nuggets!

Lunch

Chicken Nuggets
Or Manager's Choice
Sides (1/2 of your plate)
Creamy Mashed Potatoes

Creamy Mashed Potatoes Green Vegetable of choice Fresh or Canned Fruit

Monday, May 21

Breakfast

WG Turkey Sausage Bkf. Square; Fruit of Choice

Lunch

Hot Dog / WG Bun
With or without Chili or
Texas BBQ on / WG HD Bun
Sides (1/2 of your plate)
Crispy Potato Puffs
Fresh Veggies w/ dip
Fresh or Canned Fruit

Wednesday, May 30

Breakfast

School's Choice

Lunch

Manager's Choice Hot Vegetable Fresh or Canned Fruit And Chocolate Chip Cookie



Tuesday, May 22

Breakfast

Cereal; WG Grahams

Lunch

Chicken Nuggets
Or Sliced Ham
Sides (1/2 of your plate)
Creamy Mashed Potatoes
Fresh Fzn Green Peas
Fresh or Canned Fruit
Fresh Baked Wheat Rolls

Thursday, May 31

Breakfast

School's Choice

Lunch

Crispy Corn Dog Or Mgr's choice Hot Veggie of Choice Fresh or Canned Fruit

Wednesday, May 23

Breakfast

Meat Biscuit

Lunch

Assorted Wedge Pizza
Or PBJ Uncrustable
Sides (1/2 of your plate)
Tossed Garden Salad
w/ dressing; Crackers
Hot Vegetable of Choice
Fresh or Canned Fruit

Friday, June 1

Breakfast

School's Choice

Lunch

PBJ Uncrustable Or Mgr's Choice Veggie of Choice Fresh or Canned Fruit

Time for Summer Fun!



Thursday, May 24

Breakfast

Cereal; WG Grahams

Lunch

Beef Taco w/ Cheese
on soft shell
Or Turkey & Cheese Roll-up
Sides (1/2 of your plate)
Golden Corn
Fresh Fzn. Green Beans
Fresh or Canned Fruit
And Chocolate Chip Cookie

Friday, May 25

Breakfast

Yogurt; School's choice

Lunch

Chicken Fillet / WG Bun or Honey BBQ Rib / WG Bun Sides (1/2 of your plate) Fresh Baked Potato Broccoli w/ cheese Frozen Fruit Sherbet

Parents,

- All account balances are <u>carried forward</u> to the next school year.
- Please remember to clear any <u>charges</u> that may be on your child's account.
- Log on to Café Prepay and make sure your child's account balance will cover meals and snacks <u>through</u> the end of the school year. This is a FREE service.
- Call the School Nutrition Office if you have any questions. 522-3700

Thank you!

"In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."

Yeah, yeah, we love you, Dad. Got those coals going yet?

Father's Day ~ Sunday, June 19

Have a GREAT SUMMERS

Thanks for eating with us this year. We look forward to seeing you when school starts up again!