

And Its Affiliate HealthKeepers, Inc.

Which is better for bumps, cuts and scrapes?

Emergency room (ER) vs Urgent care/retail health clinic vs LiveHealth Online



When you have minor wounds or bruises, where should you go?

> Average cost¹ for common conditions



Emergency room

\$200



Urgent care/retail health clinic

\$45



LiveHealth Online

\$15



You pay:

- Any copay
- Any additional deductible or coinsurance that may apply

You save up to



\$155

You save up to



\$185

Average visit time



1 hour



20 minutes



Need to find care nearby?



Online: Go to anthem.com and choose Find a doctor. Follow the steps to search for a doctor or health care provider in your plan.



By phone: Call the Member Services number on your ID card for help finding providers in your plan.

You save over



Enough time to go to the gym

You save nearly





Enough time to take your dog to the park and watch vour favorite TV show

¹ Refers to average health plan copays, not the cost for the condition listed. For many members,

² American College of Emergency Physicians website: ER Wait Times, Crowding & Access Fact Sheet (accessed July 2017): newsroom.acep.org/index.php?s=20301&item=29937

³ Urgent Care Association of America website: 2016 Benchmarking Report (accessed July 2017) http://c.ymcdn.com/sites/www.ucaoa.org/resource/resmgr/benchmarking/2016BenchmarkReport.pdf. 4 Total includes 10 minutes of wait time. LiveHealth Online website: How It Works (accessed July 2017):