














When you have minor wounds or bruises, where should you go?

	 Emergency room	 Urgent care/retail health clinic	 LiveHealth Online
Average cost ¹ for common conditions	\$200	\$45	\$15
	You pay: <ul style="list-style-type: none"> Any copay Any additional deductible or coinsurance that may apply 	You save up to  \$155	You save up to  \$185
Average visit time	2 hours & 15min. ² 	1 hour ³ 	20 minutes ⁴ 
Need to find care nearby?	 By phone: Call the Member Services number on your ID card for help finding providers in your plan.	You save over  1 hour Enough time to go to the gym	You save nearly 2 hours Enough time to take your dog to the park and watch your favorite TV show 

Which is better for bumps, cuts and scrapes?

Emergency room (ER) vs Urgent care/retail health clinic vs LiveHealth Online

Need to find care nearby?



Online: Go to anthem.com and choose **Find a doctor**. Follow the steps to search for a doctor or health care provider in your plan.



By phone: Call the Member Services number on your ID card for help finding providers in your plan.