

**Lynchburg City Schools  
Family Life Education  
4th Grade OPT-OUT FORM**

In compliance with the state mandate, your child will be included in the Family Life Education lessons this school year unless you request otherwise on the form below. In order to exclude your child from any part of this program, you must: (1) complete the form below; (2) sign the form; and (3) return it to your child's teacher no later than \_\_\_\_\_.

A summary of the Family Life Education Standards of Learning is listed below. To view a copy of the Family Life Education curriculum, please visit this website: <https://www.doe.virginia.gov/teaching-learning-assessment/instruction/family-life-education>

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**PLEASE NOTE: You do not need to return this form unless you are opting your child out of participating in Family Life Education lessons**

**If you wish to opt your child out of the FLE curriculum, please complete as indicated below.** Your child will then receive non-FLE-health instruction completed under teacher direction apart from the classroom.

\_\_\_\_\_ I do not want my child included in Family Life Education instruction.

\_\_\_\_\_  
Child's Name (Please Print)

\_\_\_\_\_  
Grade

\_\_\_\_\_  
Classroom Teacher's Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Fourth Grade Family Life Education SOLs**

- 4.1 The student will be able to identify the human reproductive organs
- 4.2 The student will identify physical changes that begin to occur during puberty.
- 4.3 The student will develop an awareness of human fertilization and prenatal development.
- 4.4 The student will identify basic human emotions and effective ways of dealing with them.
- 4.5 The student will develop awareness and acceptance of his or her strengths and weaknesses.
- 4.6 The student will become aware of the need to assume responsibility within the family and to function effectively as a family member.
- 4.7 The student will describe the factors surrounding child abuse and child neglect.
- 4.8 The student will identify factors contributing to the use of drugs.
- 4.9 The student will recognize the dangers of substance use and abuse.